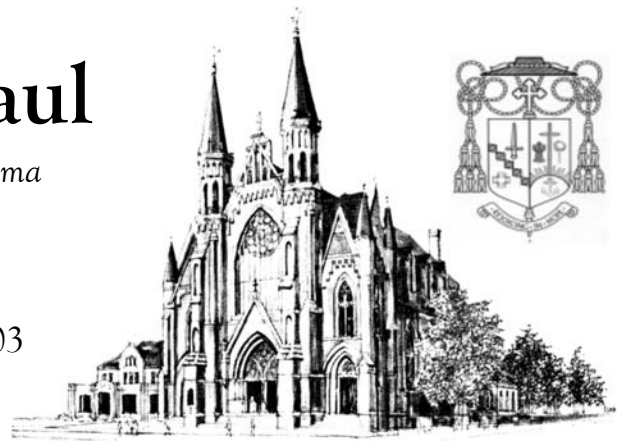


The Cathedral of Saint Paul

Mother Church of the Catholic Diocese of Birmingham in Alabama

Most Reverend Robert J. Baker, S.T.D., Bishop

2120 Third Avenue North • Birmingham, Alabama 35203
(205) 251-1279 • <http://www.stpaulsbhm.org>



October 1, 2017 • The Twenty-sixth Sunday in Ordinary Time

Holy Mass

Saturday 5:00pm (Anticipated)

Sunday 8:30am and 11:00am (Solemn Mass)

Weekdays 6:30am and 12:10pm

Adoration of the Blessed Sacrament (concludes with Benediction)

Friday 7:00am to 12:00pm & 12:45pm to 5:00pm, in chapel

Confession/Reconciliation

Monday–Friday 11:30am to 12:00pm

Saturday 3:00 to 4:00pm • *Other times by appointment*

Anointing of the Sick

For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

Baptism

The Church instructs parents to seek baptism for their child within the first few weeks after birth. Contact the office, preferably during the pregnancy, to make the arrangements.

Holy Matrimony

Contact the Wedding Coordinator at least 6 months in advance. Subject to the Cathedral's wedding guidelines.

Funerals and Columbarium

Contact the office prior to making arrangements with the funeral home. To learn about the columbarium, call the office.

Parish Mailing Address

P.O. Box 10044 • Birmingham, Alabama 35202

Parish Office Hours

Monday–Friday 8:00am to 3:00pm • (205) 251-1279

Staff List with Phone Extensions (when applicable)

Pastor & Rector: Very Rev. Bryan W. Jerabek, J.C.L., x103

Priests in Residence: Rev. Patrick P. Cullen
Rev. Douglas M. Vu

Permanent Deacons: Rev. Dr. G. Neal Kay
Rev. Mr. Wally Zieverink

Parish Secretary: Mrs. Krista Rataj, x100

Pastoral Care: Mrs. Priscilla Davis, x117

Director of Music: Mr. Bruce Ludwick, x107

Assistant Organist: Mr. Mark Hayes

Wedding Coordinator: Mrs. Megan Wyatt, x116

Director Religious Ed.: Mrs. Barbara Doran, x108

Bookkeeper: Mrs. Katie Baker

Membership Coord.: Mrs. Linda Kay

Saint Stephen the Martyr Chapel & College Ministries

1515 Twelfth Avenue South • Birmingham, Alabama 35205
(205) 933-2500 • <http://www.stsbhm.org> • Office Hours 9:00am to 2:00pm

Rev. Douglas M. Vu, Administrator • Rev. Mr. Danny Rodgers, Deacon
Mrs. Jane Lombardo, Administrative Assistant • Mrs. Carrisa Pluta, Campus Minister

Mass Schedule: Sunday 10:00am and 5:00pm
Tuesday–Thursday 5:30pm, Adoration 6:00-7:00pm
Friday 12:30pm
Third Saturday of the Month 8:30am Pro-Life Mass
Tue–Thur 6-7:00pm; Sun: 30 minutes before Mass
Mon 9:00am-2:00pm; Tue-Thur 9:00am–9:00pm

Follow us on Facebook!

Cathedral: <http://www.facebook.com/stpaulsbhm>

St. Stephen: <http://www.facebook.com/receivemyspirit>

Confession:
Student Lounge:



**First Light Shelter
for Homeless Women and Children**

MANY THANKS to ALL who served at First Light August 13-19! Our next dates to provide dinner and stay overnight are October 8-14 and December 10-16. If you are interested in learning more about this Parish ministry, please contact Nancy Heck at 205-870-1349. Thank you!

HELPING THOSE IN NEED

If you, your parish group, school, or family would like to help provide snack bags for those who come to us asking for help, please call the Parish Office. Monetary contributions are also appreciated! Please use the Poor Pipe in the back of the Church or bring your donation to the Office. **THANK YOU!**

**The Diocese of Birmingham
and the Office of Black Catholic Ministries**

invites you to a

Blue Mass

Honoring All Law Enforcement Personnel

6:00pm on Oct. 2

at St. Patrick's, Adamsville

Second Sunday Parish Potluck

All are invited to participate on the second Sunday of every month for a potluck lunch after the 11:00 Mass in the Cathedral Life Center. If you plan to attend, please bring one item to feed your family plus a few extra people. Please drop off your food items in the kitchen during PSR or before the 11:00 am Mass. The warming drawers, oven and refrigerator will be available! Drinks will be provided! Come and celebrate these Sundays with your parish family!

A special thanks to

Michael Sperando

for folding the Bulletins and Orders of Worship!

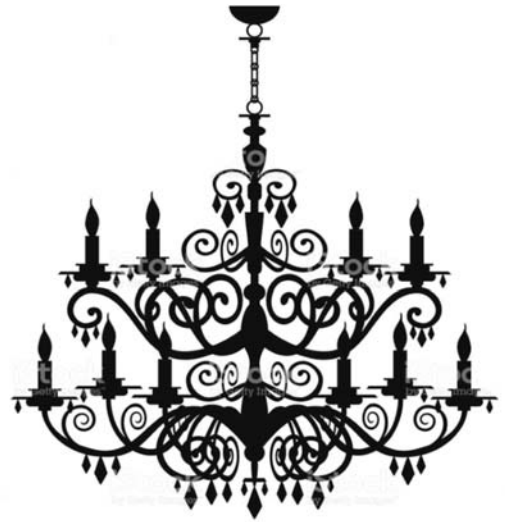
"How Studying the Reformation Made Me Catholic" - A Lunch and Learn Opportunity after the 11 AM Mass on Sunday, Oct. 15. Dr. David Anders, Diocesan Director of Education and Lifelong Formation and host of EWTN's "Called to Communion" program, will reflect on the timeless truths of our faith as we approach the 500th anniversary of the Protestant Reformation. The talk will be held in the Multi-Purpose Room of the Cathedral Life Center. Please contact Daniel McCormick if you plan to attend at dmccormick@bhmdiocese.org / 205-776-7128) by Wednesday, October 11th.

Baptismal Preparation

The Baptismal Preparation Class schedule has been made for 2017. Remaining sessions are scheduled for October 15 and December 17, 2017 at 9:45am. Please call the office to sign up before your baby is born!

Cathedral of Saint Paul

Grand Gala



October 13, 2017

6:00pm at The Florentine

Tickets on sale now!

<https://www.stpaulsgala.org/>

Please join us for First Friday!

Children's Holy Hour of Adoration will be in the chapel from 9:00 - 10:00 a.m. This will include devotional prayers together, and silent prayer time. Fun and games in the Cathedral Life Center from 10:00 - 11:00. Little ones can play in the nursery and older children can gather for games. Feel free to bring a fun board game to share. Parents can visit with each other. Snack time from 11:00 - 11:30 - bring a sack lunch or snack. Confession is available beginning at 11:30am in the Cathedral; and the Holy Sacrifice of the Mass at 12:10pm. All are invited!

FALL is a Beautiful Season!

It is Time to Nourish

New Growth In Our Marriage

The Worldwide Marriage Encounter Weekend is filled with fresh air and new beginnings. It is a time to rejoice in the gift of your marriage and family. It is a time to rekindle communication and enjoy a weekend just for the two of you. The next weekend in the Diocese is scheduled in Huntsville, Oct. 13-15 at the DoubleTree Hotel-South. You can register online today at www.ALFL-wwme.org or by calling Bob & Joy Hernandez at 678-985-0125.

The Knightly News...



Council #9862

*Interested in learning more about the benefits of joining the Knights of Columbus?
Please visit www.KOC9862.org or contact Jack Boggan at 706-1209.
We are a group of dedicated men who are joined together by faith and community support.*

CYPF: Cathedral Young Professionals and Families

The Cathedral Young Professionals and Families is a social and service group for singles and married people ages 21-40. Please "like" our facebook page, www.facebook.com/cathedralYPF to stay updated on what's going on or e-mail mandylburmester@gmail.com or laurenwbates@gmail.com for more info.

Upcoming events:

Socials: Family friendly at Delta Blues on Cobb Lane - 5:30pm on 10/25 and 11/29

Service: Pack up our snack bag donations after the 11am mass and lunch in the parish office at 1:30pm on Oct. 15th. Peanut butter crackers, granola bars, fruit cups, vienna sausages, and tuna packs welcome donations. Donations to the poor pipe near the confessional also welcome.

Men's Cursillo

Men's Cursillo October 5 - 8: A men's Cursillo weekend for the Diocese of Birmingham is held once a year in Cullman. Similar to a retreat, this four day spiritual experience encourages participants to strengthen their faith, prayer life and relationship with God. For more information on the men's Cursillo Oct. 5 - 8, email Bill Lang at bill.lang@pchresorts.com. The next women's Cursillo weekend will be in the spring.

Holy Family Cristo Rey Catholic High School is proud to present "St. Catherine of Siena: A Woman For Our Times," a one-woman show performed by Adrian Dominican sister Nancy Murray, O.P., at 7:00 PM on Wednesday, October 18, at St. Francis Xavier Catholic Church. Sr. Nancy, the older sister of actor Bill Murray, has received international acclaim for her performance of the life of one of the Catholic Church's most beloved saints. Tickets are \$25 in advance, or \$30 at the door. A reception, hosted by the Ladies of Charity of Alabama, will follow the show. All proceeds benefit Holy Family Cristo Rey Catholic High School. To learn more and to purchase tickets, visit www.hfcristorey.org/siena.

March for Life

The Diocese of Birmingham is planning for the annual **March for Life** trip to Washington, DC. High school students will travel on chartered buses departing on Wednesday afternoon, January 17th and will return early Sunday, January 21st. The cost of the trip is \$300. This will include bus, hotel fare, and breakfast at the hotel each morning. A deposit of \$100 is due by October 2nd. Partial scholarships are available for Parishioners. Please contact Barbara Doran, dre@stpaulsbhm.org or 251-1279, to make your reservations or for more details. We welcome any monetary gifts from Parishioners to help defray the cost for those in need!

Cathedral Fall Festival

The Cathedral Fall Festival is scheduled to follow 11am Mass on **October 22nd!**

To make this event a success, we will need help along the way!

We need

- Bingo Prizes

- Volunteers to sell tickets after one of the Masses

- Large Bags of individually wrapped candy

- Volunteers to work a game shift

If you'd like to volunteer or have any questions,

please contact Margaret Masny at

mmasny@hotmail.com or 205-815-4507.

Thank you!

Join CAS: Cathedral Altar Sodality

Please consider being a part of the Cathedral Altar Sodality! Share your gifts with the Parish by assisting with Mass linens, dusting of the Sanctuary, serving at Funeral receptions, helping with fund raisers to provide needed liturgical items, and much more all the while building community with fellow Parishioners. Please email Anne Hereford, President, at rolltideroll@mindspring.com to be added to our roster. **All are welcome at the next meeting, Thur., Oct. 12th in the Cathedral Life Center at 10:30am.**

PARISH CATHOLIC CHARITIES GOAL

Our diocesan Catholic Charities goal this year is \$135,106. In order to support the work of the Church throughout the diocese, particularly in the service of the poor, we need every member of the parish to pledge or make a one-time donation towards this amount! Please be generous! Remember that one of the Precepts of the Church is to support the Church in her needs: this goes beyond our parish to the diocese and to the Universal Church. The annual Catholic Charities appeal is part of our support that "goes beyond" -- in addition to the various second collections for special needs throughout each year. Thank you for your generosity! For more information and to pledge or donate online, go to <http://www.catholiccharitiesbhm.org/>.

This week please remember in your prayers the sick, the shut-ins and hospitalized, especially: Libby Kidd, Katey Benton, Neil Stalnaker, Thomas Perna, Jr., Jane Schwartz, Suzanne Dillon, Leila Driver, Mickey Naro, Kayla Garraway, Sandra Harris, Brenda Brasher, Gabriel Humphries, Jay Bammerlin, Walter Jackson, Doris Robertson, Joe Diliberto, John Fay, Curlene Henderson, Robbie Burrell, Jon Serio, Bonnie Godhigh, Beth Anne Maier, Larry Dye, Susannah Blackstone, Brian Naro, Donna Dogil, Dee Bissett, Dolly Carroll, Leah Robe, Kwang Kyu Pak, Judy Martorana, Barbara Delhomme, Ed Burdick, Margaret Gracianette, Verlanda Tate, June Little, Nina Youngblood, Robbie Roy, Elizabeth Anderson, Henry Hardin, III, Leah Jane Rovey, Candice Boyland, Cheryl Plaisance, Harris M. Caraballo, Sr., Brandon Fisher, Michael Vanderslice, Mary Ann Johnson, John Paul Anderson, Leslie Cox, Hans Lang, Grace Detling, Anna DeLeon, Christi Ingram, Vera Broussard, Mary Aliano, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Marilou Rucker, Kayla Perry, Lenora DeMarco, Jeanne Wright, Martha Slatsky, Peter Scheetz, Pat and Joe Puccio, Addison Cox, as well as all those who have died.

Let us pray for all of our Parish family members who have been departed.

Cathedral at a Glance, October 1-8

Sunday, October 1	Monday, October 2	Tuesday, October 3	Wednesday, October 4	Thursday, October 5	Friday, October 6	Saturday, October 7	Sunday, October 8
8:30am Mass- <i>Cathedral</i>	6:30am Mass- <i>Cathedral</i>	6:30am Mass- <i>Cathedral</i>	6:30am Mass- <i>Cathedral</i>	6:30am Mass- <i>Cathedral</i>	6:30am Mass- <i>Cathedral</i> Adoration- <i>Chapel</i>	3:00pm Confessions- <i>Cathedral</i>	8:30am Mass- <i>Cathedral</i>
9:45am—Adult Ed & PSR <i>CLC</i>	11:30am Confessions- <i>Cathedral</i>	11:30am Confessions- <i>Cathedral</i>	11:30am Confessions- <i>Cathedral</i>	11:30am Confessions- <i>Cathedral</i>	9:00am First Friday Group- <i>Chapel/CLC</i>	5:00pm Mass- <i>Cathedral</i>	9:45am—Adult Ed & PSR <i>CLC</i>
11:00am Mass- <i>Cathedral</i>	12:10pm Mass- <i>Cathedral</i>	12:10pm Mass- <i>Cathedral</i>	12:10pm Mass- <i>Cathedral</i>	12:10pm Mass- <i>Cathedral</i>	11:30am Confessions- <i>Cathedral</i>		11:00am Mass- <i>Cathedral</i>
			3:45pm Children's Schola <i>Office</i>	7:00pm KoC Assembly <i>CLC</i>	12:10pm Mass- <i>Cathedral</i>		
			5:15pm Adult Schola- <i>Office</i>		5:00pm Benediction - <i>Chapel</i>		
			6:00pm RCIA- <i>CLC</i>				
			6:30pm Fraternus- <i>CLC</i> Choir- <i>Office</i>				

Cathedral Liturgical Ministers

	Sacristan	Lectors	EOMHC	Altar Servers	Sanctuary Cleaning	Linens
Saturday, October 7 5:00pm	F Giangrosso	C Lagrone J Boggan	A Maiola R Yerby	W Yerby L Davis N Fehr	For the Week of October 1	For the Week of October 1
Sunday, October 8 8:30am	K Rataj	T Leipert M Gubenski	K Echols K Echols N Heck R Smith	J Bragg McMillan Family J Perkins H Stignani	B Maier R Parrino	J Martignoni P Piazza
Sunday, October 8 11:00am	P Fiorella	M McCoy J Juliano	L Lagan A Wellborn	M Rumore Ayers Family		

Cathedral Staff Email Addresses

Father Jerabek, Pastor & Rector	fatherjerabek@stpaulsbhm.org
Krista Rataj, Parish Secretary	krista@stpaulsbhm.org
Priscilla Davis, Seniors and Shut Ins	runnun412@bham.rr.com
Barbara Doran, DRE	dre@stpaulsbhm.org
Mark Hayes, Assistant Organist	mhayes@stpaulsbhm.org
Linda Kay, Membership Coordinator	lwkay@hotmail.com
Neal Kay, Permanent Deacon	nealkay@hotmail.com
Bruce Ludwick, Jr. Director of Music	ludwick@stpaulsbhm.org
Megan Wyatt, Wedding Coordinator	weddings@stpaulsbhm.org
Katie Baker, Bookkeeper	bookkeeper@stpaulsbhm.org
<i>.....For other staff members, please call!</i>	

Mass Intentions

Monday, October 2	6:30 am	Priests' Souls in Purgatory+
	12:10pm	Sgt. Steve Perez +
Tuesday, October 3	6:30 am	Priests' Souls in Purgatory+
	12:10pm	Anne Reno +
Wed, October 4	6:30 am	Priests' Souls in Purgatory+
	12:10pm	Judy LaFlure +
Thur, October 5	6:30 am	Joyce Bromberg +
	12:10pm	Judy LaFlure +
Friday, October 6	6:30 am	Nell & Joseph Dziok
	12:10pm	Callahan Family
Saturday, October 7	5:00 pm	Marc Danos +
Sunday, October 8	8:30 am	John David Oddo +
	11:00am	for the people

Parishioner Update

Please check: __Cathedral Parish __St. Stephen University Chapel

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

Name _____

_____ *New Parishioner*

Address _____

_____ **R.C.I.A.**

_____ *Leaving Parish*

E-Mail _____

_____ *Address Change*

Home# _____ Work# _____

The Private Prayers of the Priest – Part IV

Did you know that a priest is required to say various prayers privately (in a low voice) during the Mass? In this series of columns I am identifying these prayers and explaining their importance. This week we'll consider the priest's prayer as he places a particle of the Host into the chalice before Holy Communion.

This prayer is said while the *Lamb of God* is being sung or recited. But in a private Mass without a congregation, the priest says this prayer first, then recites the *Lamb of God* himself or with a server.

May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.

The meaning of the prayer – a plea for eternal life as we receive Holy Communion – is clear enough. Perhaps the more relevant question is: *Why* does the priest mix a particle of the Host with the Precious Blood?

This practice of mixing actually has a name that dates from antiquity: it is called the "*fermentum*" – the Latin word means "leaven". As to what that name specifically refers to is a matter of dispute among scholars, and we will not enter into such details here. But as to what the action itself signifies, scholars have more or less settled on two main theories, which are not mutually exclusive.

The first theory concerns the unity of the Pope or local bishop with his priests and faithful people in celebrating the Holy Sacrifice of the Mass. In ancient Rome, as the Church grew after the legalization of Christianity, obviously not everyone could attend the Pope's Mass and not every priest could be present to concelebrate with him. More churches had been built throughout the city and priests were assigned to those various churches. In order, then, to maintain the sense of unity with the Pope in the celebration of Holy Mass, acolytes (men who were training to be priests, much like our seminarians) were assigned to bring pieces of the Hosts consecrated by the Pope to the other churches throughout the city. The priests then mixed the particle with the Precious Blood during their Masses, to signify unity with the Pope in celebrating the one sacrifice of Christ. This practice was also done by bishops in other areas beyond Rome, sending particles of their hosts to their churches each Sunday, which were then mixed into the chalices. Obviously popes and bishops no longer do this, but we see here one historical reason why we have the practice of mixing the Host with the Precious Blood today.

The other theory is more theological in nature. While the *separate consecration* of the bread and wine during Mass represent symbolically the separation of Christ's Body and Blood in death on the Cross, the *mixing* of his Body and Blood before Holy Communion symbolizes the Resurrection and the fact that the One whom we receive is not dead, but alive forevermore. Because he is alive, he can give life to us; thus the prayer goes that as we receive him in Holy Communion, so also we wish to receive life eternal with him.

From these two theories we see that a practice which grew out of a desire for visible unity with the Pope or local bishop came to take on additional theological meaning as well with the passage of time. The implications of both theories are clear for us, and the knowledge of them can enrich our own prayer at this particular moment of Holy Mass.

-Fr. Jerabek

