March 10, 2019 • The First Sunday of Lent

Holy Mass
Saturday Anticipated 5:00pm (Cantor)
Sunday 8:30am (Cantor) and 11:00am (Choir/Incense)
Monday–Friday 6:30am and 12:10pm • Saturday 8:30am

Adoration of the Blessed Sacrament (concludes with Benediction)
Friday 7:00am to 12:00pm & 12:45pm to 5:00pm, in chapel

Confession/Reconciliation
Monday–Friday 11:30am to 12:00pm
Saturday 3:00 to 4:00pm • Other times by appointment

Anointing of the Sick
For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

Baptism
The Church instructs parents to seek baptism for their child within the first few weeks after birth. First-time parents ordinarily must attend a pre-baptismal class. Contact the office, preferably during the pregnancy, to make the arrangements.

Holy Matrimony
Contact the Wedding Coordinator at least six (6) months in advance. Subject to the Cathedral’s wedding guidelines.

Funerals and Columbarium
Contact the office prior to making arrangements with the funeral home. To learn about the columbarium, call the office.

Parish Office Hours
Monday–Friday 8:00am to 3:00pm • (205) 251-1279

Staff List with Phone Extensions (when applicable)
Pastor & Rector: Very Rev. Bryan W. Jerabek, J.C.L., x103
Parochial Vicar: Rev. Joshua M. Altonji
Priest-in-Residence: Rev. Patrick P. Cullen
Permanent Deacons: Rev. Dr. G. Neal Kay
Rev. Mr. Wally Zieverink
Parish Secretary: Mrs. Krista Rataj, x100
Director Religious Ed.: Mrs. Barbara Doran, x108
Director of Music: Mr. Bruce Ludwick, x107
Assistant Organizer: Mr. Mark Hayes
Seniors and Shut-ins: Mrs. Priscilla Davis, x117
Family Life Coordinator: Mrs. Catie Yu Tiamco, x133
Family Life Assistant: Miss Sophie Duvall, x133
Bookkeeper: Mrs. Katie Baker, x102
Wedding Coordinator: Mrs. Megan Wyatt, x116
Membership Coord.: Mrs. Linda Kay
Maintenance: Mr. Philipp Szabo
Housekeeper: Ms. Rose Rouss

Follow us on Facebook!
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St. Stephen: http://www.facebook.com/receivemyspirit
Helping Our Neighbors in Need
We are grateful for your generosity in helping our parish live out Christ’s call to serve the poor! We are always happy to accept donations of the non-perishable food items we use in the snack bags for our neighbors in need: 16 ounce water bottles, snack size apple sauce or fruit cups, snack size cans of Vienna Sausages or Beanie Weenies, granola or protein bars and snack packages of peanut butter or cheese crackers. These can be brought to the Office anytime. In addition, monetary contributions are always welcome, allowing us to purchase bus passes and offer other appropriate assistance to those who come to us for help. Please use the Poor Pipe (in front of the confessional) at the back of the Church or bring your donation to the Office. Once again, thank you so much for all you do to help our parish care for the poor.

Passion Play 2020
Join Father Bryan Jerabek and the Diocese of Birmingham in August of 2020 on an incredible journey through Europe! We’re headed to Germany to witness the greatest story ever told ‐ the Passion, Death and Resurrection of our Lord - at the world famous Passion Play in Oberammergau. In addition to the Passion Play, this first-class journey features some of Europe’s most beautiful places such as Prague, Salzburg, Altötting, the castle Schloss Neuschwanstein and Munich. The per person cost (land only) is $2900.00. To reserve your place (deposit not required) please contact Joe Long jlong@prorome.com or by phone at (800) 280 5283.

Please visit https://prorome.com/passionplay2020/ or www.prorome.com for more information on this journey.

Cathedral Altar Sodality
Please join us for our monthly meeting on Thursday, March 14th at 10:00am in the Multi-Purpose Room! We will be discussing new business, making snack bags for members in our community, as well as making care packages for our Seminarians. If you are able, please stay afterwards for Mass at 12:10pm, followed by a lunch in the CLC! The Cathedral Altar Sodality- we work, we pray, we enjoy our time together as friends! We hope you will join us!

CAMP ST. BERNARD
Camp St. Bernard is an overnight camp on the campus of St. Bernard Abbey in Cullman, Alabama. Boys or girls from ages 6 to 14 years old can visit the camp, stay in the residence halls, and experience the community and beauty of St. Bernard in a traditional summer camp setting. For more information including dates and costs please visit our website at www.campstbernard.com or contact John Arndt at campstbernard@gmail.com.

A special thanks to Michael Sperando for folding the Bulletins and Orders of Worship!

Do you get our parish email? If you are a registered member and do NOT, we may have an error with your email address. Please email krista@stpaulsbhm.org in order to correct our records. If you are not a registered member or if your information has changed in the past year, please use the Parishioner Update form to let us know!

The Cathedral of Saint Paul will host a Youth Protection II Training Class in the Multi-Purpose Room on Tuesday, May 14 at 7 p.m. Youth Protection II “is required for anyone who supervises a church/school facility and/or supervises other adults working with minors,” but is open to any adult who wishes to attend. Please register online at: https://www.catholicyouthbhm.net/workshop-schedule--registration.html.

Please join your fellow Cathedral Parishioners for the 2019 Pope Francis Habitat for Humanity Build sponsoring the Jones family on April 13th in the East Lake neighborhood. To volunteer or donate, please register prior to arrival at the construction site here: https://give.habitatbirmingham.org/ge/2019popefrancis. Feel free to stay for morning and/or afternoon shifts. Volunteers must be a minimum of 14 years old to be on the construction site. Contact Rosa Parrino (parrino@charter.net) if you have any questions or to request a t-shirt. Please consider giving your time to this ministry this Lenten season!

Save the Date!
Our Lady of Sorrows Catholic School invites you to the Crawfish Boil and Auction on Saturday, April 27, 2019 beginning at 6:30 p.m. on the top parking deck. Enjoy live music by PharmHand, delicious food, a cash bar and more! Cost is $25. Hope to see you there!

The Reading Room at Holy Rosary is seeking volunteers! To learn more or to volunteer, please call the Cathedral office at 251-1279. Thank you!

Join us for a Ballroom Dance Class every Wednesday night from 7-8:00pm beginning March 13th! $10 per person or $15 per couple in the Cathedral Room. Come learn the basics of different types of dances! (i.e. East Coast Swing and Waltz)

Register here (https://www.signupgenius.com/go/70a0445aeae2eaaf58-stpauls) to save a spot because space is limited!

Confraternity of Christian Mothers
The Birmingham Chapter of Confraternity of Christian Mothers will meet on Monday, April 22nd at the Cathedral of St. Paul. Adoration and Confession are at 6pm, Mass at 7pm, followed by our monthly meeting. Father Vincent Bresowar is our spiritual director. All are welcome. You do not have to be a member of Confraternity of Christian Mothers to attend. There is no meeting in March.

Cathedral Adult Education
All are welcome Sunday, February 10th after the 8:30am Mass in the Cathedral Life Center for Adult Education. David Anders will present Salvation and Church History in the Multi-purpose Room. Please make plans to attend! Nursery care available.
for penitential reasons, but as a way of life. Closers do well on days of abstinence to give up a certain food or beverage. The norms concerning fasting and abstinence from meat are binding for all from age 18 onwards. Brothers made from meat (as long as there are no pieces of meat in it) are permissible according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.

**Baptismal Preparation**

The Baptismal Preparation Class schedule has been made for 2019. Sessions are scheduled for April 7, June 9, August 11, October 6, and December 8, 2019 at 9:45am. Please call the office to sign up before your baby is born!

**PARISH REGISTRATION**

Please remember, children are considered members with their parents until they turn 18 years old. Once they are 18, it is their responsibility to attend church and to register as a member independent of their parents. What a great way to honor their 18th birthday! This is very important when they want to schedule a wedding where registration is required for the bride or groom (and not the parents!)

**Stations of the Cross**

5:30pm in the Cathedral

Beginning Friday, March 29 followed by a Fish Fry

**LENTEN FASTING AND ABSTINENCE REGULATIONS**

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on fasting are obligatory from age 18 until age 59. Pregnant women and others for whom fasting would be perilous to their health are exempted. Those fasting are permitted to eat one full meal; two smaller meals may also be taken, but not to equal a full meal.

The norms concerning abstinence from meat are binding for all from age 14 onwards. Broths made from meat (as long as there are no pieces of meat in it) are permissible according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.

**TEXT TO GIVE NOW AVAILABLE!**

You can now initiate the giving process via text message! Text CSPGIVES to the number 555888 to make your WeShare offering today! Please don’t hesitate to contact our bookkeeper, Katie Baker, with any questions.

**First Light Shelter for Women and Children**

**DID YOU KNOW...** More than 60 parishioners volunteer every two months at the First Light Shelter either helping with overnight supervision or serving dinner to the women and children? Please consider joining a meal team or our group of trained overnight volunteers! If you are interested or would like more information about what we do, call or email Nancy Heck at 205-870-1349/ nheck@bellsouth.net. Our upcoming weeks to serve are April 14-20 and June 9-15.

**CYPF**

The Cathedral Young Professionals and Families CYPF is a social and service group for singles and married people ages 21-40. Please "like" our facebook page, www.facebook.com/cathedralYPF to stay updated on what’s going on & email laurenwbates@gmail.com for more info. CYPF Upcoming Events:

**Her Choice Birmingham Women’s Center**

16th Annual GOLF FORE LIFE

Friday, April 5th, 2019 at Highland Park Golf Course

Lunch at 12:00pm ∙ SHOTGUN START at 1:00p.m

Have fun, save lives and raise funds for Her Choice, the only pro-life pregnancy resource center located in the heart of Birmingham. The cost is $250 ($125 tax deductible) per individual golfer and prizes will be awarded immediately following the tournament. We need 18 people to organize a foursome to make this year’s fundraiser the most successful ever. Individual golfers are welcome and will be paired up.

We are also asking individuals, families and companies to be a Hole Sponsor, $500.00, or a Half Hole Sponsor, $250.00This Ministry exists to help women facing a crisis pregnancy choose life, and to support them in that decision. Post-Abortion healing support is also offered. Please, support this event and contact Her Choice at 205.447.8796, Golf4life@herchoicebirmingham.org or www.herchoicebirmingham.org

**This week please remember in your prayers the sick, the shut-ins and hospitalized, especially:** Carmela Yeakle, Margaret Kay, Cynthia Murry, Paulette Popivitch, Angela Kerper, Mike Williams, Suzanne Miles, Scott Clegg, Lenora DeMarco, Marc Stalker, Christina Kemp, Norma Ryan, Frank Pavesic, Jessica Jones, Dorothy Levesque, Leonard Jerabek, Mary Jerabek, Louis Stalnaker, Neil Stalnaker, Edward Rosato, Michael Howell, Nancy Moore, William Greene, Ilia Shenk, John Fay, Tony Traficante, Brian Naro, Kirsten & Ed Burdick, Henry Hardin, Carrie Towle, Ian McLaughlin, Sam Moore, An Nguyen, James Harry Douglas, Bob Flowers, Maureen Angelini, Donna Speegle, Thomas Perna, Jr., Suzanne Dillon, Kayla Garraway, Walter Jackson, Doris Robertson, Jon Serio, Bonnie Godhigh, Larry Dye, Susannah Blackstone, Dee Bissett, Dolly Carroll, Barbara Delhomme, June Little, Nina Youngblood, Robbie Roy, Leah Jane Rovey, Candice Boyland, Brandon Fisher, Mary Ann Johnson, Hans Lang, Grace Detling, Anna DeLeon, Christi Ingram, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Kayla Perry, Jeanne Wright, Martha Slatsky, Peter Scheetz, Addison Cox, as well as all those who have died, especially Joyce Nelson and Ed Baggett.

Let us pray for all of our Parish family members who have been deployed.
### Cathedral at a Glance, March 10-17

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<th>Sunday, March 10</th>
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#### Sacristan
- **Saturday, March 16 5:00pm:** Alessio
- **Sunday, March 17 8:30am:** C Maenza
- **Sunday, March 17 11:00am:** J Martin

#### Lectors
- **Saturday, March 16:** V Nolen, J Pinto
- **Sunday, March 17:** J Marino, K Simon
- **Sunday, March 17:** J Fox, J Bernard

#### EMHC
- **Saturday, March 16:** n/a
- **Sunday, March 17:** n/a

#### Sanctuary Cleaning
- **Week of March 10 n/a**
- **Week of March 10:** J Averhart, S Miles

#### Linens
- **Week of March 10:** J Averhart, S Miles

### Cathedral Staff Email Addresses
- **Krista Rataj, Parish Secretary:** krista@stpaulsbhm.org
- **Father Bryan Jerabek, Pastor & Rector:** fatherjerabek@stpaulsbhm.org
- **Father Joshua Altonji, Parochial Vicar:** farlonji@stpaulsbhm.org
- **Neal Kay, Permanent Deacon:** nealhay@hotmail.com
- **Barbara Doran, Director of Relig. Educ:** dren@stpaulsbhm.org
- **Bruce Ludwig, Jr. Director of Music:** ludwick@stpaulsbhm.org
- **Mark Hayes, Assistant Organist:** mhayes@stpaulsbhm.org
- **Priscilla Davis, Seniors and Shut-ins:** runnun412@bham.rr.com
- **Catie Yu Tiamco, Family Life Coordinator:** fccoordinator@stpaulsbhm.org
- **Sophie Duvall, Family Life Assistant:** fassistant@stpaulsbhm.org
- **Katie Baker, Bookkeeper:** bookkeeper@stpaulsbhm.org
- **Megan Wyatt, Wedding Coordinator:** weddings@stpaulsbhm.org
- **Linda Kay, Membership Coordinator:** lwkay@hotmail.com

#### Mass Intentions
- **Mon, March 11:** 6:30 am Beth Mathews
- **12:10 pm** Edward Penney +
- **Tue, March 12:** 6:30 am Lisa Preston
- **12:10 pm** Joyce Nelson
- **Wed, March 13:** 6:30 am Joyce Nelson
- **12:10 pm** Janice Carter +
- **Thur, March 14:** 6:30 am Joyce Nelson
- **12:10 pm** Anthony Bruno +
- **Fri, March 15:** 6:30 am Con Allison +
- **12:10 pm** William Theo Clark +
- **Sat, March 16:** 8:30 am Healing of Victims
- **5:00 pm** Nancy & Walter Bailey
- **Sun, March 17:** 8:30 am for the people

#### Parishioner Update

**Please check:**
- __Cathedral Parish__
- __St. Stephen University Chapel__

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

**Name__________________________________________**

**Address_________________________________________**

**E-Mail__________________________________________**

**Home#_____________ Work#______________________**

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**Parishioner Update**

**Please check:**
- __New Parishioner__
- __R.C.I.A.__
- __Leaving Parish__
- __Address Change__

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**Scan the QR code and get started!**

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