March 3, 2019 • The Eighth Sunday in Ordinary Time

Holy Mass
Saturday Anticipated 5:00pm (Cantor)
Sunday 8:30am (Cantor) and 11:00am (Choir/Incense)
Monday–Friday 6:30am and 12:10pm • Saturday 8:30am

Adoration of the Blessed Sacrament (concludes with Benediction)
Friday 7:00am to 12:00pm & 12:45pm to 5:00pm, in chapel

Confession/Reconciliation
Monday–Friday 11:30am to 12:00pm
Saturday 3:00 to 4:00pm • Other times by appointment

Anointing of the Sick
For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

Baptism
The Church instructs parents to seek baptism for their child within the first few weeks after birth. First-time parents ordinarily must attend a pre-baptismal class. Contact the office, preferably during the pregnancy, to make the arrangements.

Holy Matrimony
Contact the Wedding Coordinator at least six (6) months in advance. Subject to the Cathedral’s wedding guidelines.

Parish Office Hours
Monday–Friday 8:00am to 3:00pm • (205) 251-1279

Staff List with Phone Extensions (when applicable)
Pastor & Rector: Very Rev. Bryan W. Jerabek, J.C.L., x103
Parochial Vicar: Rev. Joshua M. Altonji
Priest-in-Residence: Rev. Patrick P. Cullen
Permanent Deacons: Rev. Dr. G. Neal Kay
Rev. Mr. Wally Zieverink
Parish Secretary: Mrs. Krista Rataj, x100
Director Religious Ed.: Mrs. Barbara Doran, x108
Director of Music: Mr. Bruce Ludwick, x107
Assistant Organist: Mr. Mark Hayes
Seniors and Shut-ins: Mrs. Priscilla Davis, x117
Family Life Coordinator: Mrs. Catie Yu Tiamco, x133
Family Life Assistant: Miss Sophie Duvall, x133
Bookkeeper: Mrs. Katie Baker, x102
Wedding Coordinator: Mrs. Megan Wyatt, x116
Membership Coord.: Mrs. Linda Kay
Maintenance: Mr. Philipp Szabo
Housekeeper: Ms. Rose Rouss

Benedictine Monastery of St. Mary, Birmingham
2120 Third Avenue North • Birmingham, Alabama 35203
Mailing: P.O. Box 10044 • Birmingham, Alabama 35202-0044
(205) 251-1279 • http://www.benedictines.org

Follow us on Facebook!
Cathedral: http://www.facebook.com/stpaulsbhm
St. Stephen: http://www.facebook.com/receivemyspirit
Helping Our Neighbors in Need
We so grateful for your generosity in helping our parish live out Christ’s call to serve the poor! We are always happy to accept donations of the non-perishable food items we use in the snack bags for our neighbors in need: 16 ounce water bottles, snack size apple sauce or fruit cups, snack size cans of Vienna Sausages or Beanie Weenies, granola or protein bars and snack packages of peanut butter or cheese crackers. These can be brought to the Office anytime. In addition, monetary contributions are always welcome, allowing us to purchase bus passes and offer other appropriate assistance to those who come to us for help. Please use the Poor Pipe (in front of the confessional) at the back of the Church or bring your donation to the Office. Once again, thank you so much for all you do to help our parish care for the poor!

Passion Play 2020
Join Father Bryan Jerabek and the Diocese of Birmingham in August of 2020 on an incredible journey through Europe! We’re headed to Germany to witness the greatest story ever told - the Passion, Death and Resurrection of our Lord - at the world famous Passion Play in Oberammergau. In addition to the Passion Play, this first-class journey features some of Europe’s most beautiful places such as Prague, Salzburg, Altötting, the castle Schloss Neuschwanstein and Munich. The per person cost (land only) is $2900.00. To reserve your place (deposit not required) please contact Joe Long jlong@prorome.com or by phone at (800) 280 5283.

Please visit https://prorome.com/passionplay2020/ or www.prorome.com for more information on this journey.

A special thanks to Michael Sperando for folding the Bulletins and Orders of Worship!

High School Summer Programs in Rome, Italy
Do you know a high school boy or girl who might benefit from a real and substantial experience? The kind of experience that would propel them in the right direction, increase their confidence in the Catholic faith and introduce them to good ideas and great friends? If so, consider the ProRome high school summer programs in Italy. These programs give students something very important: a joyful and authentic experience of the Catholic faith. The boys program, Catholica Summer Program, features adventure tours of Rome, day trips throughout Italy, hiking in the mountains, swimming in the Mediterranean, fascinating lessons in Church History and daily Mass in St. Peter’s Basilica. The girls program, Bella Vita Summer Program, features lessons in Art History and Italian, cooking classes, a weekend trip to Florence and Siena, private visits to Rome’s most beautiful churches, museums and historic sites and daily Mass. For more information please visit www.prorome.com or contact the program director Joseph Long directly at jlong@prorome.com or (800) 280 5283. Cost is from $3300.00, with airfare. Fundraising opportunities and chaperone positions are available.

To learn more or to volunteer, please call the cathedral office at 251-1279. Thank you!

What are you doing on St. Paddy’s Day? Enjoy a fun family afternoon at St. Patrick’s in Adamsville on Sunday, March 17th, as we celebrate our 35th year of Springfest. Lots of activities for children and adults alike. Kids will enjoy fun games and inflatables and parents can shop in our Trash and Treasure area, our plant sale, or with multiple vendors who will be selling their products and services. Join us in St. Joseph Hall for bingo or a great meal or both! Take a chance on our $2,000 grand prize raffle for $1 or participate in our live auction to be held mid-afternoon. The fun begins at 10:00 a.m. in the Family Life Center as we open early for Trash & Treasure and goes until the grand prize drawing at 3:00 p.m. in St. Joseph Hall. There’s something for everyone at Springfest!

Join us for a Ballroom Dance Class every Wednesday night from 7:8:00pm beginning March 13th! $10 per person or $15 per couple in the Cathedral Room. Come learn the basics of different types of dances! (i.e. East Coast Swing and Waltz)

Register here (https://www.signupgenius.com/go/70a0445aeae2eaaaf58stpauls) to save a spot because space is limited!

Confraternity of Christian Mothers
The Birmingham Chapter of Confraternity of Christian Mothers will meet on Monday, April 22nd at the Cathedral of St Paul. Adoration and Confession are at 6pm, Mass at 7pm, followed by our monthly meeting. Father Vincent Bresowar is our spiritual director. All are welcome. You do not have to be a member of Confraternity of Christian Mothers to attend. There is no meeting in March.

Planning a trip to Rome?
If you are thinking of a trip to Rome during this year, you may wish to consider staying in a lovely and comfortable apartment with all modern conveniences near the Vatican. During your time there you can also avail yourselves of private tours of Ancient Rome, Christian Rome, the Vatican Museum, Sistine Chapel and St. Peter’s Basilica. For more information, please call the Cathedral office at 251-

Cathedral Adult Education
All are welcome Sunday, February 10th after the 8:30am Mass in the Cathedral Life Center for Adult Education. Deacon Patrick Lappert will present Transgenderism-A Surgeon’s Point of View in the Multipurpose Room. Please make plans to attend! Nursery care available.

Do you get our parish email? If you are a registered member and do NOT, we may have an error with your email address. Please email krista@stpaulsbhm.org in order to correct our records. If you are not a registered member or if your information has changed in the past year, please use the Parishioner Update form to let us know!
**First Light Shelter for Women and Children**

**DID YOU KNOW...** More than 60 parishioners volunteer every two months at the First Light Shelter either helping with overnight supervision or serving dinner to the women and children? **Please consider joining** a meal team or our group of trained overnight volunteers! If you are interested or would like more information about what we do, call or email Nancy Beck at 205-870-1349/ nbeck@bellsouth.net. Our upcoming weeks to serve are April 14-20 and June 9-15.

**CYPF**

The Cathedral Young Professionals and Families CYPF is a social and service group for singles and married people ages 21-40. Please "like" our facebook page, [www.facebook.com/cathedralCYPF](http://www.facebook.com/cathedralCYPF) to stay updated on what's going on & email laurenwbates@gmail.com for more info. **CYPF Upcoming Events:**

*SAVE THE DATE! New Series: Monthly Adoration & Fellowship*  
Adoration (6-6:30pm): Mar. 21.

**Her Choice Birmingham Women's Center**

**16th Annual GOLF FORE LIFE**

**Friday, April 5th, 2019 at Highland Park Golf Course**

Lunch at 12:00pm · SHOTGUN START at 1:00pm  
Have fun, save lives and raise funds for Her Choice, the only pro-life pregnancy resource center located in the heart of Birmingham. The cost is $250 ($125 tax deductible) per individual golfer and prizes will be awarded immediately following the tournament. We need 18 people to **organize a foursome** to make this year's fundraiser the most successful ever. Individual golfers are welcome and will be paired up. We are also asking individuals, families and companies to be a **Hole Sponsor**, $500.00, or a **Half Hole Sponsor**, $250.00! This Ministry exists to help women facing a crisis pregnancy choose life, and to support them in that decision. Post-Abortion healing support is also offered. Please, support this event and **contact** Her Choice at 205.447.8796, [Golf4life@herchoicebirmingham.org](mailto:Golf4life@herchoicebirmingham.org) or [www.herchoicebirmingham.org](http://www.herchoicebirmingham.org).

**This week please remember in your prayers the sick, the shut-ins and hospitalized, especially:** Carmela Yeakle, Margaret Kay, Cynthia Murry, Paulette Popivitch, Angela Kerper, Mike Williams, Suzanne Miles, Scott Clegg, Lenora DeMarco, Ed Baggett, Marc Stalker, Christina Kemp, Norma Ryan, Frank Pavesic, Jessica Jones, Dorothy Levesque, Leonard Jerabek, Mary Jerabek, Louis Stalnaker, Neil Stalnaker, Edward Rosato, Michael Howell, Nancy Moore, William Greene, Ila Shenk, John Fay, Tony Trificante, Brian Naro, Kirsten & Ed Burdick, Henry Hardin, Carrie Towlie, Ian McLaughlin, Sam Moore, An Nguyen, James Harry Douglas, Bob Flowers, Maureen Angelini, Donna Speegle, Thomas Perna, Jr., Suzanne Dillon, Kayla Garraway, Walter Jackson, Doris Robertson, Jon Serio, Bonnie Godhigh, Larry Dye, Susannah Blackstone, Dee Bissett, Dolly Carroll, Barbara Delhomme, June Little, Nina Youngblood, Robbie Roy, Leah Jane Rovey, Candice Boyland, Brandon Fisher, Mary Ann Johnson, Hans Lang, Grace Detting, Anna DeLeon, Christi Ingram, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Kayla Perry, Jeanne Wright, Martha Slatsky, Peter Scheetz, Addison Cox, as well as all those who have died, especially Mary Jo Zieverink.

**Let us pray for all of our Parish family members who have been deployed.**

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**Baptismal Preparation**

The Baptismal Preparation Class has been made for 2019. Sessions are scheduled for April 7, June 9, August 11, October 6, and December 8, 2019 at 9:45am. Please call the office to sign up before your baby is born!

**Second Sunday Parish Potluck**

All are invited to participate on the second weekend of every month for refreshments after each Mass, including a potluck lunch after the 11:00 Mass in the Cathedral Life Center. If you plan to attend, please bring one item to feed your family plus a few extra people. Please drop off your food items in the kitchen before the 11:00 am Mass. The warming drawers, oven and refrigerator will be available! Drinks will be provided! Come and celebrate the Thanksgiving Season with your parish family!

**Best wishes and thank you,**  
**Deacon Wally,**  
on your  
44th Anniversary of Ordination, March 3!  
We are grateful for you!

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**Ash Wednesday, March 6, 2019**

Cathedral Masses:  
6:30am, 12:10pm & 5:30pm (Choir)  
followed by a Soup Supper in the Cathedral Life Center  
**Stations of the Cross**  
5:30pm in the Cathedral  
**Beginning Friday, March 29 followed by a Fish Fry**

**LENTEN FASTING AND ABSTINENCE REGULATIONS**

Ash Wednesday and Good Friday are obligatory **days of fasting and abstinence** for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

The norms on **fasting** are obligatory from age 18 until age 59. Pregnant women and others for whom fasting would be perilous to their health are exempted. Those fasting are permitted to eat one full meal; two smaller meals may also be taken, but not to equal a full meal.

The norms concerning **abstinence** from meat are binding for all from age 14 onwards. Broths made from meat (as long as there are no pieces of meat in it) are permitted according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.
Cathedral at a Glance, February 24-March 3

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<th>Sunday, March 3</th>
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<td>6:00pm Equestrian Mass-Cathedral</td>
<td>5:30pm Ash Wed. Mass-Cathedral</td>
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<td>Sunday, March 10 11:00am</td>
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<td>Week of March 3 C Rumore</td>
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Cathedral Staff Email Addresses

Krista Rataj, Parish Secretary krista@stpaulsbhm.org
Father Bryan Jerabek, Pastor & Rector fatherjerabek@stpaulsbhm.org
Father Joshua Altonji, Parochial Vicar fratlonji@stpaulsbhm.org
Neal Kay, Permanent Deacon nealkay@hotmail.com
Barbara Doran, Director of Relig. Educ. dr@stpaulsbhm.org
Bruce Ludwick, Jr. Director of Music ludwick@stpaulsbhm.org
Mark Hayes, Assistant Organist mhayes@stpaulsbhm.org
Priscilla Davis, Seniors and Shut-ins runnun412@bham.rr.com
Catie Yu Tiamco, Family Life Coordinator fcoordinator@stpaulsbhm.org
Sophie Duvall, Family Life Assistant fassistant@stpaulsbhm.org
Katie Baker, Bookkeeper bookkeeper@stpaulsbhm.org
Megan Wyatt, Wedding Coordinator weddings@stpaulsbhm.org
Linda Kay, Membership Coordinator lwkay@hotmail.com

Parishioner Update

Please check: __Cathedral Parish __St. Stephen University Chapel

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

Name__________________________________________
Address__________________________________________
E-Mail__________________________________________
Home#_______________Work#______________________

Mass Intentions

Mon, March 4 6:30 am Priests’ Souls in Purgatory +
12:10 pm Freda Traceski +
Tue, March 5 6:30 am Priests’ Souls in Purgatory +
12:10 pm Matthew Beck & Family
Wed, March 6 6:30 am Priests’ Souls in Purgatory +
12:10 pm Special Intention
Thur, March 7 6:30 am Special Intention
12:10 pm Eleanor Mooney +
Fri, March 8 6:30 am Mary Bianchi +
12:10 pm Sal Bianchi +
Sat, March 9 8:30am Holy Vocations
5:00 pm Hannah Slatsky
8:30am for the people
Sun, March 10 8:30am for the people
11:00am Terri Dorman

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