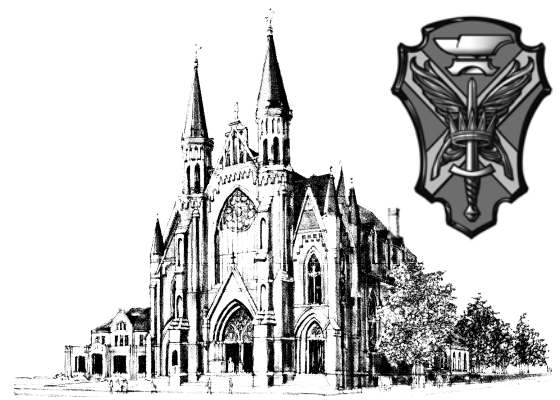


The Cathedral of Saint Paul

Mother Church of the Catholic Diocese of Birmingham in Alabama

Most Reverend Robert J. Baker, S.T.D., Bishop
Very Reverend Bryan W. Jerabek, J.C.L., Rector

2120 Third Avenue North • Birmingham, Alabama 35203
Mailing: P.O. Box 10044 • Birmingham, Alabama 35202-0044
(205) 251-1279 • <http://www.stpaulsbhm.org>



March 1, 2020 • The First Sunday of Lent

Holy Mass

Saturday Anticipated 5:00pm (Cantor)
Sunday 8:30am (Cantor) and 11:00am (Choir/Incense)
Monday–Friday 6:30am and 12:10pm • Saturday 8:30am

Adoration of the Blessed Sacrament (concludes with Benediction)
Once monthly between Sunday Masses. See bulletin for date.

Confession/Reconciliation

Monday–Friday 11:30am to 12:00pm
Saturday 3:00 to 4:00pm • *Other times by appointment*

Anointing of the Sick

For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

Baptism

The Church instructs parents to seek baptism for their child within the first few weeks after birth. First-time parents ordinarily must attend a pre-baptismal class. Contact the office, preferably during the pregnancy, to make the arrangements.

Holy Matrimony

Contact the Wedding Coordinator at least six (6) months in advance. Subject to the Cathedral's wedding guidelines.

Funerals and Columbarium

Contact the office prior to making arrangements with the funeral home. To learn about the columbarium, call the office.

Parish Office Hours

Monday–Friday 8:00am to 3:00pm • (205) 251-1279

Staff List with Phone Extensions (when applicable)

Pastor & Rector: Very Rev. Bryan W. Jerabek, J.C.L., x103
Parochial Vicar: Rev. Joshua M. Altonji
Priest-in-Residence: Rev. Patrick P. Cullen
Permanent Deacons: Rev. Dr. G. Neal Kay
Rev. Mr. Wally Zieverink
Rev. Mr. Gerald Zukauckas
Parish Secretary: Mrs. Krista Rataj, x100
Director Religious Ed.: Mrs. Barbara Doran, x108
Director of Music: Mr. Bruce Ludwick, x107
Assistant Organist: Mr. Mark Hayes
Seniors & Shut-Ins: Mrs. Priscilla Davis, x117
Youth & Family Life: Miss Sophie Duvall, x133
Bookkeeper: Mrs. Katie Baker, x102
Wedding Coordinator: Mrs. Megan Wyatt, x116
Maintenance: Mr. Philipp Szabo
Housekeeper: Ms. Rose Rouss

To update your membership record, please contact the Parish Secretary.

Saint Stephen the Martyr Catholic University Chapel

1515 Twelfth Avenue South • Birmingham, Alabama 35205
(205) 933-2500 • <http://www.stsbhm.org>

Rev. Joshua M. Altonji, Chaplain • Rev. Mr. Danny Rodgers, Deacon

Mass Schedule: Sunday 10:00am and 8:00pm (Adoration 7:00pm)
Thursday 5:30pm
Confession: During Adoration and 30 minutes before each Mass
Student Lounge/Chapel: Available to students daily
Catholic Family Services: Office Hours: 8am-5pm Monday-Thursday
Chaplain Email: fraltonji@stephenthemartyr.com



Follow us on Facebook!

Cathedral: <http://www.facebook.com/stpaulsbhm>
St. Stephen: <http://www.facebook.com/receivemyspirit>

Sister Servants of the Eternal Word

3721 Belmont Rd
Irondale, AL 35210-3434

"Come and See" Retreats

March 18-22, 2020

women between the ages of 18 and 30.

May 2 from 9 am - 4 pm.

(girls between the ages of 13 and 17).

For more information, please call (205) 956-6760

www.sisterservants.org

Upcoming Cursillo Weekends

In today's world, can Christianity live and grow in the many areas of secular life? The Cursillo Movement thinks it can. Cursillo is a simple method through which one's spirituality may be developed and shared with like-minded Christians through friendship. If you are interested in learning about Cursillo, or attending an upcoming weekend, please call Lucy Arnold at (205) 529-0259.

CHILDREN'S ROSARY GROUP

Children's Rosary Group will meet Friday, March 6th at 9:30am. Please join us as we pray in particular for our Bishop, priests, vocations, & for our new Bishop. We will meet weekly on Fridays at 9:30am in the Cathedral sanctuary (unless otherwise posted). Children of all ages are invited; but they must be accompanied by a parent or guardian. For more information, please email Serafina Collart at scollart14@gmail.com

RCIA Meals

We are in the home stretch for RCIA Meals! We need help, please, for April 1. These meals are appreciated *so much* by our RCIA participants and future Catholics! If you haven't already done so, will you please consider helping us – either by providing all or part of a meal or giving a donation towards a meal? Thank you for your always astounding generosity! For questions, you can reach Barbara Doran at 725-8163 (direct office line) or dre@stpaulsbhm.org.

Camp St. Bernard offers overnight and day camps for children ages 6-14 on the campus of St. Bernard Abbey. Campers have the opportunity to participate in traditional summer camp activities, enjoy time in nature, and even meet some of the monks of the Abbey. Registration for June 2020 has begun. Please contact John Arndt at campstbernard@gmail.com for more information or visit online at campstbernard.com.

Passion Play 2020

Join Father Bryan Jerabek and the Diocese of Birmingham in August of 2020 on an incredible journey through Europe! We're headed to Germany to witness the greatest story ever told - the Passion, Death and Resurrection of our Lord - at the world famous Passion Play in Oberammergau. In addition to the Passion Play, this first-class journey features some of Europe's most beautiful places such as Prague, Salzburg, Altötting, the castle Schloss Neuschwanstein and Munich. The per person cost (land only) is \$2900.00. To reserve your place (deposit not required) please contact Joe Long jljong@prorome.com or by phone at (800) 280 5283.

Please visit <https://prorome.com/passionplay2020/> or www.prorome.com for more information on this journey.

Neighbors in Need

Please consider helping our parish continue to assist our **NEIGHBORS IN NEED** by putting money in our poor pipe in the back of the Church, dropping it in the collection basket earmarked "neighbors in need" or bringing it to the Church Office. Your donations go into a fund to purchase bus passes, buy supplies used for our Snack Bag project and help with other needs that come to Father Jerabek's attention. WE ARE ALWAYS SO APPRECIATIVE OF YOUR SUPPORT AND GRATEFUL FOR YOUR GENEROSITY!

First Light Shelter For Homeless Women and Children

DID YOU KNOW that the Cathedral of St. Paul is one of the founding churches of First Light Shelter and has been providing dinner and overnight volunteers since it first opened in 1983? We currently have over 60 people who serve for one week every two months throughout the year, but are always in need of more! Please consider joining an evening meal team or our group of trained overnight volunteers! Our upcoming weeks to serve are Apr. 12-18, and June 14-20. If you are interested or would like more information about what we do, **please** email Nancy Heck at nheck@bellsouth.net or call her at 205-870-1349.

St. John Vianney Vocations Society meets March 10, 2020

The Society (SJVVS), a Lay Apostolate of the Birmingham Catholic Diocese, meets on the second floor of the Birmingham Chancery Office across from the Cathedral of St. Paul on the second Tuesday of 10 months during the year, from 10:00 am to 11:45 am. The Society fosters and affirms Catholic vocations to the ministerial priesthood and vowed religious life. All Catholics are invited to attend meetings and become a Prayer Warrior for more priests. Please consider attending a meeting. Do you know a young man who could be interested in the Priesthood? The Birmingham Diocese Vocations Office phone is 205-838-2184.

**The Catholic Center of Concern,
run by the Consolata Sisters,
is in need of volunteers, please!
Help is needed on the 2nd Saturday of the month
or each Thursday beginning at 9:00am.
For more details, please call the Parish office
or the Center at 786-4388.**

LENTEN FASTING AND ABSTINENCE REGULATIONS

Ash Wednesday and Good Friday are obligatory **days of fasting and abstinence** for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on **fasting** are obligatory from age 18 until age 59. Pregnant women and others for whom fasting would be perilous to their health are exempted. Those fasting are permitted to eat one full meal; two smaller meals may also be taken, but not to equal a full meal. The norms concerning **abstinence** from meat are binding for all from age 14 onwards. Broths made from meat (as long as there are no pieces of meat in it) are permissible according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.

Pride is excessive love of self. Some say it is the source of all other sins. It is placing my self-will in the place that belongs only to God. I forget that all I have, including my strengths and talents, comes from God. Pride makes me work for my own glory instead of for God's. It makes me worry about how other people see me instead of remembering that what God thinks of me is most important.

1. Are my feelings easily hurt?
2. Am I suspicious or distrustful?
3. Am I quick to accuse others of being unfair or unkind to me?
4. Can I laugh at my mistakes?
5. Am I moody or hard to get along with?
6. Am I critical or unkind to others?
7. Do I think I'm better than others because of my spiritual practices, good behavior, intelligence, appearance, or talents?
8. Do I find fault with the way others practice virtue?
9. Do I think too much of my appearance?
10. Do I lie to hide my mistakes?

Fight Pride with Humility. Humility is keeping in mind **the truth about ourselves** — how little we are and how great God is. "Swallow your pride" is a common saying that means to keep silent instead of speaking of your own good qualities or trying to make yourself look better than others. The Litany of Humility can be very helpful with fighting pride.

Remember!

*Stations of the Cross every Friday
of Lent at 5:30*

*Wishing you
a Holy Lent!*

Your friends in our local

Fr. James E. Coyle

Council 9862 of the Knights of Columbus

Litany of Humility

**From the desire of being esteemed,
Deliver me, Jesus. (repeat after each line)**
**From the desire of being loved,
From the desire of being extolled,
From the desire of being honored,
From the desire of being praised,
From the desire of being preferred to others,
From the desire of being consulted,
From the desire of being approved,
From the fear of being humiliated,
From the fear of being despised,
From the fear of suffering rebukes,
From the fear of being calumniated,
From the fear of being forgotten,
From the fear of being ridiculed,
From the fear of being wronged,
From the fear of being suspected,
That others may be loved more than I,
Jesus, grant me the grace to desire it. (repeat after each line)**
**That others may be esteemed more than I ,
That, in the opinion of the world,
others may increase and I may decrease,
That others may be chosen and I set aside,
That others may be praised and I unnoticed,
That others may be preferred to me in
everything,
That others may become holier than I, provided
that I may become as holy as I should,
*Jesus, grant me the grace to desire it. Amen.***

Agony in the Garden: Grace

of Our Lord's Agony, come down into my soul and make me truly contrite and perfectly obedient to Thy Will.



The Knightly News...

Fr. James E. Coyle

Council #9862



Interested in learning more about the benefits of joining the Knights of Columbus?

Please visit www.KOC9862.org or contact Jack Boggan at 706-1209.

We are a group of dedicated men who are joined together by faith and community support.

Baptismal Preparation

The Baptismal Preparation Class schedule has been made for 2020. Sessions are scheduled for April 19, June 14, August 16, October 18, and December 13, 2020 at 9:45am. Please call the office to sign up and for more information before your baby is born!

Please bring your palms from last year or any other blessed objects from home and please leave in the basket by St. Anthony's statue. We will dispose of them properly. Thank you!

Mothers & Grandmothers

*Our Faith Journey -
Passing it On*

The Cathedral Altar Sodality invites women of the parish & their guests to attend its

Spring Luncheon

Saturday, April 18, 2020

10 am – Doors open

Shop for unique, hand-crafted items

11 to 12:30 pm – Café lz boxed lunch

Featuring guest speaker

Joy Pinto

Cathedral Life Center—Great Hall—\$15/guest

Contact Charlotte Rumore for ticket information
[205] 222.7205

Daughters & Granddaughters

Aunts & Nieces

Sisters & Friends

Calling all Painters, Woodworkers, Crafters Extraordinaire!!!!

The Altar Sodality will be sponsoring a Spring Luncheon for all ladies of the Cathedral on Saturday, April 18th, from 10:00-12:30 and we would love for you to come and sell your beautiful items! We only ask 10% of your sales returned to the Sodality. Please contact Charlotte Rumore to reserve your table for free! Email: tbone27@att.net or by calling 205-222-7205.

A special thanks to **Michael Sperando** for folding the Bulletins and Orders of Worship!

St Joseph Feast Day Celebration

Please join us in celebrating the Feast of the Patron Saint of the Church on Thursday, March 19, 2020. All are welcome at Mass at 5:30pm in the Cathedral for the Consecration to St Joseph and the blessing of the St. Joseph's Altar. A Pasta Dinner and fellowship in the Cathedral Life Center will follow Mass.

It is customary to bring decorated breads, cakes, pastries and cookies to offer and place at the St. Joseph Altar. Please bring something to share. A collection of can goods will be accepted to be given to the Catholic Center of Concern.



Best wishes and thank you,

Deacon Wally,

on your

45th Anniversary of Ordination, March 3rd!

We are truly grateful for all you do

and all you've done for these many years!

Combine your faith and career at EWTN! We have the following positions available in Irondale:

Part-Time Office Assistant, Payroll Supervisor, IT Support Technician II, Shortwave Radio Operator, Security Officer, Producer/Editor, Non-Linear Editor, Viewer Services Representative, Customer Service Representative.

For information on job requirements,

go to <https://www.ewtn.com/employment>

Please email cover letter, salary requirements & resume to

This week please remember in your prayers the sick, the shut-ins and hospitalized, especially: Michael Sperando, Sr. Mary Juliana Cox, OP, Emanuel Cervantes, Martin Beasley, Louise McGough, Norma and Dave Ryan, Paulette Popovitch, Michael Peeples, Kirsten & Ed Burdick, George Ford, Terri Dorman, Donna Mealer, William Greene, John Grant, John Goltz, Anika Smith, Cathy Turner, Clarence Kilburn, Jr., Aileen Kilburn, Ralph Thompson, Jon Lindberg, Betty Hill, Micky & Phillip Naro, Brian Naro, Janet Joseph, Tyrone Slatsky, Thraith Curry, Cindy Ramsey, Hector Caucutt, David Peeples, Joyce Goltz, Margaret Kay, Cynthia Murry, Suzanne Miles, Marc Stalker, Frank Pavesic, Jessica Jones, Dorothy Levesque, Leonard Jerabek, Mary Jerabek, Louis Stalnaker, Neil Stalnaker, Michael Howell, Ila Shenk, John Fay, Tony Traficante, Henry Hardin, Carrie Towle, Ian McLaughlin, Sam Moore, An Nguyen, James Harry Douglas, Maureen Angelini, Donna Speegle, Thomas Perna, Jr., Suzanne Dillon, Kayla Garraway, Walter Jackson, Doris Robertson, Jon Serio, Bonnie Godhigh, Larry Dye, Susannah Blackstone, Dee Bissett, Dolly Carroll, Barbara Delhomme, June Little, Nina Youngblood, Robbie Roy, Leah Jane Rovey, Candice Boyland, Brandon Fisher, Mary Ann Johnson, Hans Lang, Grace Detling, Anna DeLeon, Christi Ingram, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Kayla Perry, Jeanne Wright, Peter Scheetz, Addison Cox, as well as all those who have died, especially David Brown.

Let us pray for all of our parish family members who have been deployed.

Cathedral at a Glance, March 1-8

Sunday, March 1	Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6	Saturday, March 7	Sunday, March 8
8:30am Mass - Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	8:30am Mass - Cathedral	8:30am Mass - Cathedral
9:45am PSR -CLC	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	3:00pm Confessions -Cathedral	9:45am PSR -CLC
11:00am Mass -Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	5:00pm Mass -Cathedral	11:00am Mass -Cathedral
2:00/4:00pm Rite of Election-Cathedral			3:45pm Children's Schola- -Choir Room	5:15pm Adult Schola- -Choir Room	5:30pm Stations of the Cross/Fish Fry -Cathedral/CLC		6:00pm Youth Group -CLC
6:00pm Youth Group -CLC			6:00pm RCIA-Cathedral 6:30pm Choir Rehearsal -Choir Room Fraternus-CLC				

	Sacristan	Lectors	EMHC	Servers	Sanctuary Cleaning
Saturday, March 7 5:00pm	C Bailey	V Nolen J Boggan	M Kircus A Maiola	A Brueggen	<u>Week of March 1</u> B Maier R Parrino
Sunday, March 8 8:30am	J Oddo	K Simon A Marino	M Gubenski R Smith	Masny Family B Moore	<u>Linens</u> <u>Week of March 1</u> M Masny J Averhart
Sunday, March 8 11:00am	P Fiorella	M Lyas J Hooks	A Lyas J Slatky	Ayers Family Wright Family	


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Cathedral Staff Email Addresses

Krista Rataj, Parish Secretary	krista@stpaulsbhm.org
Father Bryan Jerabek, Pastor & Rector	fatherjerabek@stpaulsbhm.org
Father Joshua Altonji, Parochial Vicar	fraltonji@stpaulsbhm.org
Neal Kay, Permanent Deacon	nealkay@hotmail.com
Gerald Zukauckas, Permanent Deacon	gjzdeacon@bellsouth.net
Barbara Doran, Director of Relig. Educ.	dre@stpaulsbhm.org
Bruce Ludwick, Jr. Director of Music	ludwick@stpaulsbhm.org
Mark Hayes, Assistant Organist	mhayes@stpaulsbhm.org
Priscilla Davis, Seniors & Shut-ins	runnun412@bham.rr.com
Sophie Duvall, Youth & Family Life	flassistant@stpaulsbhm.org
Katie Baker, Bookkeeper	bookkeeper@stpaulsbhm.org
Megan Wyatt, Wedding Coordinator	weddings@stpaulsbhm.org

.....For other staff members, please call us at 205-251-1279!

Mass Intentions

Mon, March 2	6:30 am	Priests' Souls in Purgatory +
	12:10pm	Miriam & Sebastian
Tue, March 3	6:30 am	Priests' Souls in Purgatory +
	12:10pm	Julia & Patrick O'Brien +
Wed, March 4	6:30am	Priests' Souls in Purgatory +
	12:10pm	Special Intention
Thur, March 5	6:30am	Deceased Dominicans +
	12:10pm	Josh Daidone +
Fri, March 6	6:30 am	Daidone Family
	12:10pm	Fr. Ed Markley +
Sat, March 7	8:30am	In Reparation
	5:00pm	Louise Robinson +
Sun, March 8	8:30am	for the people
	11:00am	Terri Dorman

Parishioner Update

Please check: Cathedral Parish St. Stephen University Chapel

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

Name _____

New Parishioner

Address _____

R.C.I.A.

Leaving Parish

E-Mail _____

Address Change

Home# _____ Work# _____