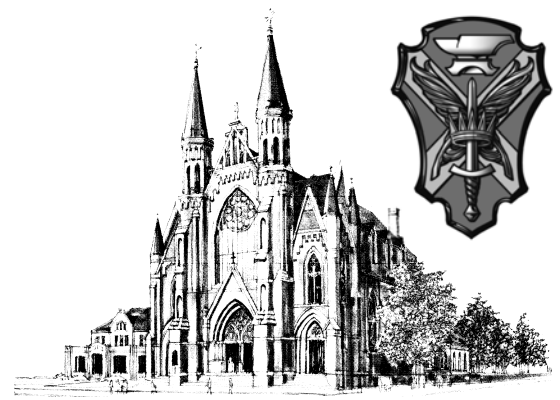


The Cathedral of Saint Paul

Mother Church of the Catholic Diocese of Birmingham in Alabama

Most Reverend Robert J. Baker, S.T.D., Bishop
Very Reverend Bryan W. Jerabek, J.C.L., Rector

2120 Third Avenue North • Birmingham, Alabama 35203
Mailing: P.O. Box 10044 • Birmingham, Alabama 35202-0044
(205) 251-1279 • <http://www.stpaulsbhm.org>



March 15, 2020 • The Third Sunday of Lent

Holy Mass

Saturday Anticipated 5:00pm (Cantor)
Sunday 8:30am (Cantor) and 11:00am (Choir/Incense)
Monday–Friday 6:30am and 12:10pm • Saturday 8:30am

Adoration of the Blessed Sacrament (concludes with Benediction)
Once monthly between Sunday Masses. See bulletin for date.

Confession/Reconciliation

Monday–Friday 11:30am to 12:00pm
Saturday 3:00 to 4:00pm • *Other times by appointment*

Anointing of the Sick

For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

Baptism

The Church instructs parents to seek baptism for their child within the first few weeks after birth. First-time parents ordinarily must attend a pre-baptismal class. Contact the office, preferably during the pregnancy, to make the arrangements.

Holy Matrimony

Contact the Wedding Coordinator at least six (6) months in advance. Subject to the Cathedral's wedding guidelines.

Funerals and Columbarium

Contact the office prior to making arrangements with the funeral home. To learn about the columbarium, call the office.

Parish Office Hours

Monday–Friday 8:00am to 3:00pm • (205) 251-1279

Staff List with Phone Extensions (when applicable)

Pastor & Rector:	Very Rev. Bryan W. Jerabek, J.C.L., x103
Parochial Vicar:	Rev. Joshua M. Altonji
Priest-in-Residence:	Rev. Patrick P. Cullen
Permanent Deacons:	Rev. Dr. G. Neal Kay Rev. Mr. Wally Zieverink Rev. Mr. Gerald Zukauckas
Parish Secretary:	Mrs. Krista Rataj, x100
Director Religious Ed.:	Mrs. Barbara Doran, x108
Director of Music:	Mr. Bruce Ludwick, x107
Assistant Organist:	Mr. Mark Hayes
Seniors & Shut-Ins:	Mrs. Priscilla Davis, x117
Youth & Family Life:	Miss Sophie Duvall, x133
Bookkeeper:	Mrs. Katie Baker, x102
Wedding Coordinator:	Mrs. Megan Wyatt, x116
Maintenance:	Mr. Philipp Szabo
Housekeeper:	Ms. Rose Rouss

To update your membership record, please contact the Parish Secretary.

Saint Stephen the Martyr Catholic University Chapel

1515 Twelfth Avenue South • Birmingham, Alabama 35205
(205) 933-2500 • <http://www.stsbhm.org>

Rev. Joshua M. Altonji, Chaplain • Rev. Mr. Danny Rodgers, Deacon

Mass Schedule:	Sunday 10:00am and 8:00pm (Adoration 7:00pm) Thursday 5:30pm
Confession:	During Adoration and 30 minutes before each Mass
Student Lounge/Chapel:	Available to students daily
Catholic Family Services:	Office Hours: 8am-5pm Monday-Thursday
Chaplain Email:	fraltonji@stephenthemartyr.com



Follow us on Facebook!

Cathedral: <http://www.facebook.com/stpaulsbhm>
St. Stephen: <http://www.facebook.com/receivemyspirit>

Sister Servants of the Eternal Word
3721 Belmont Rd
Irondale, AL 35210-3434

“Come and See” Retreats
March 18-22, 2020
women between the ages of 18 and 30.
May 2 from 9 am - 4 pm.
(girls between the ages of 13 and 17).

For more information, please call (205) 956-6760
www.sisterservants.org

HEALTH PRECAUTIONS

Due to serious health concerns at present, Bishop Baker has instructed us to discontinue the sharing of the chalice; we will also discontinue the Sign of Peace (which is an optional part of the liturgy). Moreover, we are discouraged from holding hands at the Our Father (this gesture is not mandated by the Church anyhow). Rest assured, your priests wash their hands before Mass – we urge all to take similar precautions. May our Lord keep us safe and may he heal all those who are sick!

ROSARY

Please join us for Children’s Rosary Group each Friday morning at 9:30am in the Cathedral sanctuary (unless otherwise posted). Children of all ages are invited; but they must be accompanied by a parent or guardian. For more information, please email Serafina Collart at scollart14@gmail.com

You are also most welcome to pray the Rosary in the Cathedral at 7:50am each Sunday morning before the 8:30am Mass.

2020 Habitat for Humanity Pope Francis Build

Please support the Williams Family in a day of service on April 18th for the 2020 Habitat for Humanity Pope Francis Build! Sign up online at <https://give.habitatbirmingham.org/ge/PopeFrancisBuild> using password STPAUL20 to unlock St. Paul’s shifts. You will be able to fill out a release waiver, pick morning and/or afternoon shifts, or feel free to donate if you so choose. Encourage your friends, family, and classmates. Waiver forms are always available on site. Please come join in providing the Williams Family your gift of time. Volunteers must be a minimum of 14 years old to be on the construction site. Please contact Rosa Parrino at parrino@charter.net if you have any questions.

We are asking for help to welcome our new Catholics (an amazing group of people!) into the Church with a cake and punch reception after the Easter Vigil Mass. Unlike last year, we don’t need food, just your presence. Please go to <https://www.signupgenius.com/go/5080e4dafa62ca0fa7-reception2> or contact Barbara Doran, (205) 725-8163, to sign up. We especially need help serving the cake and cleaning up afterwards. We are always so very, very grateful to and humbled by our volunteers! The Cathedral is a large Church with a small staff. We can’t do it without you! Thank you!

Passion Play 2020

Join Father Bryan Jerabek and the Diocese of Birmingham in August of 2020 on an incredible journey through Europe! We’re headed to Germany to witness the greatest story ever told - the Passion, Death and Resurrection of our Lord - at the world famous Passion Play in Oberammergau. In addition to the Passion Play, this first-class journey features some of Europe’s most beautiful places such as Prague, Salzburg, Altötting, the castle Schloss Neuschwanstein and Munich. The per person cost (land only) is \$2900.00. To reserve your place (deposit not required) please contact Joe Long jljong@prorome.com or by phone at (800) 280 5283.

Please visit <https://prorome.com/passionplay2020/> or www.prorome.com for more information on this journey.

MONTHLY GIVING: February

A reflection of God’s generosity! Thank you!

Offertory (at Mass):	\$ 42,547.05
WeShare (online):	\$ 25,613.38
Total Offertory:	\$ 68,160.43
<i>Budgeted February Need:</i>	<i>\$ 75,000.00</i>
Capital Campaign:	\$ 10,201.25

“Offertory” pays our ordinary bills, including salaries, utilities, programs, diocesan assessments, etc. “Capital Campaign” is saved toward the replacement of the pipe organ and the remediation of rectory structural damage.

Neighbors in Need

Please consider helping our parish continue to assist our **NEIGHBORS IN NEED** by putting money in our poor pipe in the back of the Church, dropping it in the collection basket earmarked “neighbors in need” or bringing it to the Church Office. Your donations go into a fund to purchase bus passes, buy supplies used for our Snack Bag project and help with other needs that come to Father Jerabek’s attention. WE ARE ALWAYS SO APPRECIATIVE OF YOUR SUPPORT AND GRATEFUL FOR YOUR GENEROSITY!

First Light Shelter For Homeless Women and Children

DID YOU KNOW that the Cathedral of St. Paul is one of the founding churches of First Light Shelter and has been providing dinner and overnight volunteers since it first opened in 1983? We currently have over 60 people who serve for one week every two months throughout the year, but are always in need of more! Please consider joining an evening meal team or our group of trained overnight volunteers! Our upcoming weeks to serve are Apr. 12-18, and June 14-20. If you are interested or would like more information about what we do, please email Nancy Heck at nheck@bellsouth.net or call her at 205-870-1349.

Next Blessing of Expectant Mothers

Conclusion of all Masses, weekend of March 21/22.

May God bless all expectant parents!

Baptismal Preparation

*The Baptismal Preparation Class schedule has been made for 2020. Sessions are scheduled for April 19, June 14, August 16, October 18, and December 13, 2020 at 9:45am. Please call the office to sign up and for more information **before** your baby is born!*

LENTEN FASTING AND ABSTINENCE REGULATIONS

Ash Wednesday and Good Friday are obligatory **days of fasting and abstinence** for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on **fasting** are obligatory from age 18 until age 59. Pregnant women and others for whom fasting would be perilous to their health are exempted. Those fasting are permitted to eat one full meal; two smaller meals may also be taken, but not to equal a full meal. The norms concerning **abstinence** from meat are binding for all from age 14 onwards. Broths made from meat (as long as there are no pieces of meat in it) are permissible according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.

Sin is real, and there is no better example than **Lust**. No matter how often we hear from pop psychology that whatever we want to feel is OK, and that we can have whatever we want unless it obviously hurts someone else, it just doesn't work that way. When we lust, we want some thing or someone that God made, things or people that in themselves are good, but we want them not so that we can enjoy the kind of relationships with them that God intended, but rather *so that we can use them for our own pleasure*. In using them, we reduce them to objects, and we begin to view other people as objects too. In a strange and twisted way, we can complete the destruction by putting those objects in the place of worship that belongs to God alone. Lust, then, contrary to pop psychology, has many victims: our relationships to others, to ourselves, and to God.

1. Which of my senses is out of control – Sight? Hearing? Taste? Touch?
2. Am I spending increasing amounts of time satisfying these urges?
3. Are my relationships getting squeezed in order for me to satisfy these urges?
4. Have I had physical damage from them?
5. Are they threatening my marriage? My friendships? My job? My time for worship and spiritual study? My time to be of service?
6. **Fight Lust with Temperance (modesty in speech, dress, or viewing people and images)**. Jesus suffered for us to enjoy eternal life with God, which includes healthy enjoyment of all God made, even now.

Remember!
Stations of the
Cross every
Friday of Lent
 5:30 at
 St. Paul's
 6:00 at
 Holy Rosary

Wishing you
a Holy Lent!
 Your friends in our
 local
 Fr. James E. Coyle
 Council 9862 of the
 Knights of
 Columbus



The Third Sorrowful Mystery

In this mystery of the Rosary, we recall Jesus suffering the great pain of the Crown of Thorns. In our own lives, this may bring to mind mental and emotional pain from the consequences of disordered thinking, obsessions, addictions, depression or other mental anguish. Because of his suffering, Jesus understands. We can join our suffering to his, knowing God can use it for spiritual good.

Painting: Caravaggio, The Crowning with Thorns.

The Knightly News...

Fr. James E. Coyle

Council #9862



Interested in learning more about the benefits of joining the Knights of Columbus?

Please visit www.KOC9862.org or contact Jack Boggan at 706-1209.

We are a group of dedicated men who are joined together by faith and community support.

Confraternity of Christian Mothers

Moms, do you need a spiritual boost every now and then? Or maybe just a couple hours of quiet prayer and a chance to step away from life's busyness for a little bit? If so, then join us at Our Lady of Sorrows on Monday, March 16 for Adoration and Confession from 6-7:00pm followed by Mass. Adoration and Mass will be in the church. We will then gather at the Family Life Center in the Youth room on the 3rd floor for an opportunity to listen to Michele DiPiazza give a talk on St. Joseph. If you have any questions, please contact Janel Martignoni at christianmothersbhm@gmail.com! All are welcome!

Mothers & Grandmothers

Our Faith Journey - Passing it On

The Cathedral Altar Sodality invites women of the parish & their guests to attend its

Spring Luncheon

Saturday, April 18, 2020

10 am – Doors open

Shop for unique, hand-crafted items

11 to 12:30 pm – Café Iz boxed lunch

Featuring guest speaker

Joy Pinto

Cathedral Life Center—Great Hall—\$15/guest

Contact Charlotte Rumore for ticket information
[205] 222.7205

Daughters & Granddaughters

Aunts & Nieces

Sisters & Friends

St Joseph Feast Day Celebration

Please join us in celebrating the Feast of the Patron Saint of the Church on Thursday, March 19, 2020. All are welcome at Mass at 5:30pm in the Cathedral for the Consecration to St Joseph and the blessing of the St. Joseph's Altar. A Pasta Dinner and fellowship in the Cathedral Life Center will follow Mass.



It is customary to bring decorated breads, cakes, pastries and cookies to offer and place at the St. Joseph Altar. Please bring a dessert and bread to share. A collection of can goods will be accepted to be given to the Catholic Center of Concern.

The Little Sisters of the Poor

The Little Sisters of the Poor will be with us at all the Masses March 28-29 to seek your financial support for their ministry to the elderly poor. The Sisters are committed to welcoming the needy elderly, regardless of race, nationality or religion. They welcome the Elderly Poor like welcoming Christ Himself, serve them as their own family and accompany them with dignity and in an atmosphere of authentic respect for life and person until God calls them to Himself. Your kindness and generosity will be deeply appreciated. Or you can visit our website www.littlesistersofthepoormobile.org

Easter Cards For Our Homebound Parishioners

Would your family please pray in a special way for a homebound Parishioner this Lenten and Easter Season? An Easter card with your spiritual bouquet, including a family photo, would truly lift the spirits of our beloved Senior members! Please call the Parish office or email krista@stpaulsbhm.org to participate. Our Minister to Seniors, Priscilla Davis visits over 35 folks a week! She will joyfully deliver the cards and prayers for us!

DAY OF PRAYER & FASTING FOR COVID-19

Bishop Baker has asked that we pray and fast on Friday, March 20, 2020 for all suffering from COVID-19 (coronavirus) throughout the world. We already abstain from meat on Lenten Fridays. If possible, please fast (one meal and two small snacks) that day also, praying for this important intention. Thank you!

This week please remember in your prayers the sick, the shut-ins and hospitalized, especially: Linda Kay, Corey Jackson, Jack Bisson, Sr. Mary Juliana Cox, OP, Emanuel Cervantes, Martin Beasley, Louise McGough, Norma and Dave Ryan, Paulette Popovitch, Michael Peeples, Kirsten & Ed Burdick, George Ford, Terri Dorman, Donna Mealer, William Greene, John Grant, John Goltz, Anika Smith, Cathy Turner, Clarence Kilburn, Jr., Aileen Kilburn, Ralph Thompson, Jon Lindberg, Betty Hill, Micky & Phillip Naro, Brian Naro, Janet Joseph, Tyrone Slatsky, Cindy Ramsey, Hector Caucutt, David Peeples, Joyce Goltz, Margaret Kay, Cynthia Murry, Suzanne Miles, Marc Stalker, Frank Pavesic, Jessica Jones, Dorothy Levesque, Leonard Jerabek, Mary Jerabek, Louis Stalnaker, Neil Stalnaker, Michael Howell, Ila Shenk, John Fay, Tony Traficante, Henry Hardin, Carrie Towle, Ian McLaughlin, Sam Moore, An Nguyen, James Harry Douglas, Maureen Angelini, Donna Speegle, Thomas Perna, Jr., Suzanne Dillon, Kayla Garraway, Walter Jackson, Doris Robertson, Jon Serio, Bonnie Godhigh, Larry Dye, Susannah Blackstone, Dee Bissett, Dolly Carroll, Barbara Delhomme, June Little, Nina Youngblood, Robbie Roy, Leah Jane Rovey, Candice Boyland, Brandon Fisher, Mary Ann Johnson, Hans Lang, Grace Detling, Anna DeLeon, Christi Ingram, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Kayla Perry, Jeanne Wright, Peter Scheetz, Addison Cox, as well as all those who have died, especially Bob Grundhoefer.

Let us pray for all of our parish family members who have been deployed.

A special thanks to Michael Sperando for folding the Bulletins and Orders of Worship!

Cathedral at a Glance, March 15-22

Sunday, March 15	Monday, March 16	Tuesday, March 17	Wednesday, March 18	Thursday, March 19	Friday, March 20	Saturday, March 21	Sunday, March 22
7:50am Rosary - Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	8:30am Mass - Cathedral	7:50am Rosary - Cathedral
8:30am Mass - Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	9:30am Rosary-Cathedral	3:00pm Confessions -Cathedral	*8:30am Mass - Cathedral
9:45am Ad. Ed & PSR -CLC	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral 3:45pm Children's Schola- -Choir Room	12:10pm Mass-Cathedral 5:20pm St. Joseph Mass -Cathedral	11:30am Confessions-Cathedral	*5:00pm Mass -Cathedral	*11:00am Mass for Bishop Baker's 50th Anniversary & Reception -Cathedral/CLC
11:00am Mass -Cathedral			5:15pm Adult Schola- -Choir Room	6:30pm St. Joseph Altar -CLC	12:10pm Mass-Cathedral		
6:00pm Youth Group -CLC			6:00pm RCIA-Cathedral 6:30pm Choir Rehearsal -Choir Room Fraternus-CLC		5:30pm Stations of the Cross/Fish Fry- -Cathedral/CLC	*Blessing of Expectant Mothers	

	Sacristan	Lectors	EMHC	Servers	
Saturday, March 21 5:00pm	F Giangrosso	J Pinto J Pinto		A Brueggen	Sanctuary Cleaning Week of March 15 M Blackwood C Rumore
Sunday, March 22 8:30am	C Maenza	N Keller S Zukauckas		M Caraballo McMillan Family	Linens Week of March 15 K Eckert P Fiorella
Sunday, March 22 11:00am	J Martin	J Stalnaker K Eckert		Pontifical Servers	



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Cathedral Staff Email Addresses	
Krista Rataj, Parish Secretary	krista@stpaulsbhm.org
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Father Joshua Altonji, Parochial Vicar	fraltonji@stpaulsbhm.org
Neal Kay, Permanent Deacon	nealkay@hotmail.com
Gerald Zukauckas, Permanent Deacon	gjzdeacon@bellsouth.net
Barbara Doran, Director of Relig. Educ.	dre@stpaulsbhm.org
Bruce Ludwick, Jr. Director of Music	ludwick@stpaulsbhm.org
Mark Hayes, Assistant Organist	mhayes@stpaulsbhm.org
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Sophie Duvall, Youth & Family Life	flassistant@stpaulsbhm.org
Katie Baker, Bookkeeper	bookkeeper@stpaulsbhm.org
Megan Wyatt, Wedding Coordinator	weddings@stpaulsbhm.org
<i>.....For other staff members, please call us at 205-251-1279!</i>	

Mass Intentions		
Mon, March 16	6:30 am	Miriam & Sebastian
	12:10pm	Police, Fire Fighters, Military
Tue, March 17	6:30 am	Barbara Boggan +
	12:10pm	Charles Tuggle +
Wed, March 18	6:30am	Derek Spitzer
	12:10pm	Special Intention
Thur, March 19	6:30am	Fr. Doug Vu
	12:10pm	Special Intention
Fri, March 20	6:30 am	Barbara Boggan +
	12:10pm	Angelina Marino +
Sat, March 21	8:30am	Healing of Victims
	5:00pm	Karl Conger +
Sun, March 22	8:30am	Lena Carbonie +
	11:00am	for the people

Parishioner Update

Please check: Cathedral Parish St. Stephen University Chapel

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

Name _____	_____ <i>New Parishioner</i>
Address _____	_____ <i>R.C.I.A.</i>
_____	_____ <i>Leaving Parish</i>
E-Mail _____	_____ <i>Address Change</i>
Home# _____	Work# _____