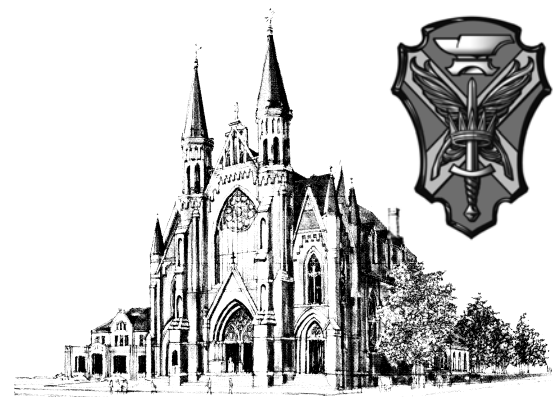


# The Cathedral of Saint Paul

*Mother Church of the Catholic Diocese of Birmingham in Alabama*

Most Reverend Robert J. Baker, S.T.D., Bishop  
Very Reverend Bryan W. Jerabek, J.C.L., Rector

2120 Third Avenue North • Birmingham, Alabama 35203  
Mailing: P.O. Box 10044 • Birmingham, Alabama 35202-0044  
(205) 251-1279 • <http://www.stpaulsbhm.org>



## March 8, 2020 • The Second Sunday of Lent

### Holy Mass

Saturday Anticipated 5:00pm (Cantor)  
Sunday 8:30am (Cantor) and 11:00am (Choir/Incense)  
Monday–Friday 6:30am and 12:10pm • Saturday 8:30am

**Adoration of the Blessed Sacrament** (concludes with Benediction)  
Once monthly between Sunday Masses. See bulletin for date.

### Confession/Reconciliation

Monday–Friday 11:30am to 12:00pm  
Saturday 3:00 to 4:00pm • *Other times by appointment*

### Anointing of the Sick

For those who have reached the use of reason and are in danger of death from sickness or old age. Anointing is ordinarily preceded by Confession. Contact a priest. In emergencies, call anytime.

### Baptism

The Church instructs parents to seek baptism for their child within the first few weeks after birth. First-time parents ordinarily must attend a pre-baptismal class. Contact the office, preferably during the pregnancy, to make the arrangements.

### Holy Matrimony

Contact the Wedding Coordinator at least six (6) months in advance. Subject to the Cathedral's wedding guidelines.

### Funerals and Columbarium

Contact the office prior to making arrangements with the funeral home. To learn about the columbarium, call the office.

### Parish Office Hours

Monday–Friday 8:00am to 3:00pm • (205) 251-1279

### Staff List with Phone Extensions (when applicable)

Pastor & Rector:	Very Rev. Bryan W. Jerabek, J.C.L., x103
Parochial Vicar:	Rev. Joshua M. Altonji
Priest-in-Residence:	Rev. Patrick P. Cullen
Permanent Deacons:	Rev. Dr. G. Neal Kay Rev. Mr. Wally Zieverink Rev. Mr. Gerald Zukauckas
Parish Secretary:	Mrs. Krista Rataj, x100
Director Religious Ed.:	Mrs. Barbara Doran, x108
Director of Music:	Mr. Bruce Ludwick, x107
Assistant Organist:	Mr. Mark Hayes
Seniors & Shut-Ins:	Mrs. Priscilla Davis, x117
Youth & Family Life:	Miss Sophie Duvall, x133
Bookkeeper:	Mrs. Katie Baker, x102
Wedding Coordinator:	Mrs. Megan Wyatt, x116
Maintenance:	Mr. Philipp Szabo
Housekeeper:	Ms. Rose Rouss

*To update your membership record, please contact the Parish Secretary.*

## Saint Stephen the Martyr Catholic University Chapel

1515 Twelfth Avenue South • Birmingham, Alabama 35205  
(205) 933-2500 • <http://www.stsbhm.org>

Rev. Joshua M. Altonji, Chaplain • Rev. Mr. Danny Rodgers, Deacon

<b>Mass Schedule:</b>	Sunday 10:00am and 8:00pm (Adoration 7:00pm) Thursday 5:30pm
<b>Confession:</b>	During Adoration and 30 minutes before each Mass
<b>Student Lounge/Chapel:</b>	Available to students daily
<b>Catholic Family Services:</b>	Office Hours: 8am-5pm Monday-Thursday
<b>Chaplain Email:</b>	<a href="mailto:fraltonji@stephenthemartyr.com">fraltonji@stephenthemartyr.com</a>



*Follow us on Facebook!*

**Cathedral:** <http://www.facebook.com/stpaulsbhm>  
**St. Stephen:** <http://www.facebook.com/receivemyspirit>

## Sister Servants of the Eternal Word

3721 Belmont Rd  
Irondale, AL 35210-3434

"Come and See" Retreats  
March 18-22, 2020  
women between the ages of 18 and 30.  
May 2 from 9 am - 4 pm.  
(girls between the ages of 13 and 17).

For more information, please call (205) 956-6760  
[www.sisterservants.org](http://www.sisterservants.org)

### HEALTH PRECAUTIONS

Due to serious health concerns at present, Bishop Baker has instructed us to discontinue the sharing of the chalice; we will also discontinue the Sign of Peace (which is an optional part of the liturgy). Moreover, we are discouraged from holding hands at the Our Father (this gesture is not mandated by the Church anyhow). Rest assured, your priests wash their hands before Mass – we urge all to take similar precautions. May our Lord keep us safe and may he heal all those who are sick!

### ROSARY

Please join us for Children's Rosary Group each Friday morning at 9:30am in the Cathedral sanctuary (unless otherwise posted). Children of all ages are invited; but they must be accompanied by a parent or guardian. For more information, please email Serafina Collart at [scollart14@gmail.com](mailto:scollart14@gmail.com)

**You are also most welcome to pray the Rosary in the Cathedral at 7:50am each Sunday morning before the 8:30am Mass.**

### 2020 Habitat for Humanity Pope Francis Build

Please support the Williams Family in a day of service on April 18th for the 2020 Habitat for Humanity Pope Francis Build! Sign up online at <https://give.habitatbirmingham.org/ge/PopeFrancisBuild> using password STPAUL20 to unlock St. Paul's shifts. You will be able to fill out a release waiver, pick morning and/or afternoon shifts, or feel free to donate if you so choose. Encourage your friends, family, and classmates. Waiver forms are always available on site. Please come join in providing the Williams Family your gift of time. Volunteers must be a minimum of 14 years old to be on the construction site. Please contact Rosa Parrino at [parino@charter.net](mailto:parino@charter.net) if you have any questions.

### Cathedral Adult Education

Join us in the Multipurpose Room next Sunday, March 15 at 9:45am for a special Lenten presentation by Diane Penney of "The Sorrowful Mysteries of the Rosary" through sacred art, music, and meditations. Louis Verne's Kyrie for the Solemn Mass, Barber's Adagio, Andrea Bocelli, and stills from *The Passion of the Christ* will be featured. All are welcome!

### Passion Play 2020

Join Father Bryan Jerabek and the Diocese of Birmingham in August of 2020 on an incredible journey through Europe! We're headed to Germany to witness the greatest story ever told - the Passion, Death and Resurrection of our Lord - at the world famous Passion Play in Oberammergau. In addition to the Passion Play, this first-class journey features some of Europe's most beautiful places such as Prague, Salzburg, Altötting, the castle Schloss Neuschwanstein and Munich. The per person cost (land only) is \$2900.00. To reserve your place (deposit not required) please contact Joe Long [jljong@prorome.com](mailto:jljong@prorome.com) or by phone at (800) 280 5283.

Please visit <https://prorome.com/passionplay2020/> or [www.prorome.com](http://www.prorome.com) for more information on this journey.

## Neighbors in Need

Please consider helping our parish continue to assist our **NEIGHBORS IN NEED** by putting money in our poor pipe in the back of the Church, dropping it in the collection basket earmarked "neighbors in need" or bringing it to the Church Office. Your donations go into a fund to purchase bus passes, buy supplies used for our Snack Bag project and help with other needs that come to Father Jerabek's attention. WE ARE ALWAYS SO APPRECIATIVE OF YOUR SUPPORT AND GRATEFUL FOR YOUR GENEROSITY!

### First Light Shelter For Homeless Women and Children

**DID YOU KNOW** that the Cathedral of St. Paul is one of the founding churches of First Light Shelter and has been providing dinner and overnight volunteers since it first opened in 1983? We currently have over 60 people who serve for one week every two months throughout the year, but are always in need of more! Please consider joining an evening meal team or our group of trained overnight volunteers! Our upcoming weeks to serve are Apr. 12-18, and June 14-20. If you are interested or would like more information about what we do, **please** email Nancy Heck at [npheck@bellsouth.net](mailto:npheck@bellsouth.net) or call her at 205-870-1349.

### St. John Vianney Vocations Society meets March 10, 2020

The Society (SJVVS), a Lay Apostolate of the Birmingham Catholic Diocese, meets on the second floor of the Birmingham Chancery Office across from the Cathedral of St. Paul on the second Tuesday of 10 months during the year, from 10:00 am to 11:45 am. The Society fosters and affirms Catholic vocations to the ministerial priesthood and vowed religious life. All Catholics are invited to attend meetings and become a Prayer Warrior for more priests. Please consider attending a meeting. Do you know a young man who could be interested in the Priesthood? The Birmingham Diocese Vocations Office phone is 205-838-2184.

### St. Joseph Altar at St. Rose Academy

On Thursday, March 19, Saint Rose Academy will celebrate Mass at 9:40am followed by a traditional Saint Joseph Altar. Visitors are invited to partake of the altar food and are welcome to bring a home-made traditional Italian meatless dish or dessert to share.

### Baptismal Preparation

*The Baptismal Preparation Class schedule has been made for 2020. Sessions are scheduled for April 19, June 14, August 16, October 18, and December 13, 2020 at 9:45am. Please call the office to sign up and for more information **before** your baby is born!*

### LENTEN FASTING AND ABSTINENCE REGULATIONS

Ash Wednesday and Good Friday are obligatory **days of fasting and abstinence** for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on **fasting** are obligatory from age 18 until age 59. Pregnant women and others for whom fasting would be perilous to their health are exempted. Those fasting are permitted to eat one full meal; two smaller meals may also be taken, but not to equal a full meal. The norms concerning **abstinence** from meat are binding for all from age 14 onwards. Broths made from meat (as long as there are no pieces of meat in it) are permissible according to the letter of the law, though perhaps not fully coherent with its spirit. Vegetarians do well on days of abstinence to give up a certain food or dish that they regularly enjoy, since they already give up meat, not for penitential reasons, but as a way of life.

**Anger** may seem pretty obvious, and often it is. At other times, we say we're frustrated, annoyed, impatient, irritable, aggravated – something that sounds better than just saying we're angry. All these, and other such feelings of being upset, are forms of anger. Anger, like Pride, is one of the Seven Cardinal (or Deadly) sins, because it is so likely to separate us from God's will and his love and mercy for us, and also because it leads to other sins.

1. Am I prone to lose my temper?
2. Do I seem to look for reasons to get worked up?
3. Do I think of ways to get even?
4. Do I often argue or contradict others?
5. Is my speech sharp or rude?
6. Am I stubborn?
7. Do I stay angry, refusing to talk to others?
8. Do I say bad things about other people or talk about their faults when I'm angry?
9. Do I lie when I'm angry?
10. Do I say things that hurt people's feelings when I'm angry?

**Fight Anger with Charity (seeing the good in others and having compassion for them).** Charity is one of the three Theological Virtues (Faith, Hope, Charity). If anger persists, it becomes the corrosive force of resentment. In that case, it may help to pray repeatedly over time for the person with whom we are angry.

### Prayer attributed to St. Francis

Lord, make me an instrument of your peace,  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
Where there is sadness, joy;

O Divine Master, grant that I may not so much  
seek to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.

For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life.  
**Amen.**

*Remember!*  
*Stations of the*  
*Cross every*  
*Friday of Lent*  
*at 5:30*

*Wishing you*  
*a Holy Lent!*  
*Your friends in our*  
*local*  
*Fr. James E. Coyle*  
*Council 9862 of the*  
*Knights of*  
*Columbus*



**How is your Lent going?** Of course life has gotten busy, and keeping our Lenten commitments has not been easy, even early in the season. The Good News is that we can start over at any time. Recall the three pillars of Lenten discipline: Prayer, Fasting, Giving Alms. How do you need to adjust your time and obligations to be able to **read Scripture, reflect, and pray?** Is your plan for **fasting or other sacrifice** in need of rethinking? Have you found a way to **give more money, time, or talent** to a need at St. Paul's, Holy Rosary, or the larger community of Birmingham? Remember that the goal of all of these is to find help in letting go of material attachments, of comfort or convenience, in order to be aware of our need for receive pardon and strength, to deepen our faith, and to be closer to Jesus.

## The Knightly News...

Fr. James E. Coyle

Council #9862



Interested in learning more about the benefits of joining the Knights of Columbus?

Please visit [www.KOC9862.org](http://www.KOC9862.org) or contact Jack Boggan at 706-1209.

We are a group of dedicated men who are joined together by faith and community support.

### Confraternity of Christian Mothers

Moms, do you need a spiritual boost every now and then? Or maybe just a couple hours of quiet prayer and a chance to step away from life's busyness for a little bit? If so, then join us at Our Lady of Sorrows on Monday, March 16 for Adoration and Confession from 6-7:00pm followed by Mass. Adoration and Mass will be in the church. We will then gather at the Family Life Center in the Youth room on the 3rd floor for an opportunity to listen to Michele DiPiazza give a talk on St. Joseph. If you have any questions, please contact Janel Martignoni at [christianmothersbhm@gmail.com](mailto:christianmothersbhm@gmail.com)! All are welcome!

## St Joseph Feast Day Celebration

Please join us in celebrating the Feast of the Patron Saint of the Church on Thursday, March 19, 2020. All are welcome at Mass at 5:30pm in the Cathedral for the Consecration to St Joseph and the blessing of the St. Joseph's Altar. A Pasta Dinner and fellowship in the Cathedral Life Center will follow Mass.

It is customary to bring decorated breads, cakes, pastries and cookies to offer and place at the St. Joseph Altar. Please bring a dessert and bread to share. A collection of can goods will be accepted to be given to the Catholic Center of Concern.



### The Little Sisters of the Poor

The Little Sisters of the Poor will be with us at all the Masses March 28-29 to seek your financial support for their ministry to the elderly poor. The Sisters are committed to welcoming the needy elderly, regardless of race, nationality or religion. They welcome the Elderly Poor like welcoming Christ Himself, serve them as their own family and accompany them with dignity and in an atmosphere of authentic respect for life and person until God calls them to Himself. Your kindness and generosity will be deeply appreciated. Or you can visit our website [www.littlesistersofthepoormobile.org](http://www.littlesistersofthepoormobile.org)

### Altar Sodality Meeting this Thursday, March 12th

Please join us in the Cathedral Life Center for our monthly meeting at 10:00am. This month, We will be assembling snack bags for our neighbors in need and putting together Easter cards for our Seminarians! Please join us afterwards for Mass at 12:10pm and then a lunch provided by some of our very own members! Hope to see you there!

**This week please remember in your prayers the sick, the shut-ins and hospitalized, especially:** Hugh Gainer, Jack Bisson, Michael Sperando, Sr. Mary Juliana Cox, OP, Emanuel Cervantes, Martin Beasley, Louise McGough, Norma and Dave Ryan, Paulette Popovitch, Michael Peeples, Kirsten & Ed Burdick, George Ford, Terri Dorman, Donna Mealer, William Greene, John Grant, John Goltz, Anika Smith, Cathy Turner, Clarence Kilburn, Jr., Aileen Kilburn, Ralph Thompson, Jon Lindberg, Betty Hill, Micky & Phillip Naro, Brian Naro, Janet Joseph, Tyrone Slatsky, Cindy Ramsey, Hector Caucutt, David Peeples, Joyce Goltz, Margaret Kay, Cynthia Murry, Suzanne Miles, Marc Stalker, Frank Pavesic, Jessica Jones, Dorothy Levesque, Leonard Jerabek, Mary Jerabek, Louis Stalnaker, Neil Stalnaker, Michael Howell, Ila Shenk, John Fay, Tony Traficante, Henry Hardin, Carrie Towle, Ian McLaughlin, Sam Moore, An Nguyen, James Harry Douglas, Maureen Angelini, Donna Speegle, Thomas Perna, Jr., Suzanne Dillon, Kayla Garraway, Walter Jackson, Doris Robertson, Jon Serio, Bonnie Godhigh, Larry Dye, Susannah Blackstone, Dee Bissett, Dolly Carroll, Barbara Delhomme, June Little, Nina Youngblood, Robbie Roy, Leah Jane Rovey, Candice Boyland, Brandon Fisher, Mary Ann Johnson, Hans Lang, Grace Detling, Anna DeLeon, Christi Ingram, Nancy Hudson, Fr. Henry Thorsen, Patrick Coyle, Rose Antonio, Laura Cornell, Kayla Perry, Jeanne Wright, Peter Scheetz, Addison Cox, as well as all those

Let us pray for all of our parish family members who have been deployed.

### Mothers & Grandmothers

## Our Faith Journey - Passing it On

The Cathedral Altar Sodality invites women of the parish & their guests to attend its

### Spring Luncheon

Saturday, April 18, 2020

10 am – Doors open

Shop for unique, hand-crafted items

11 to 12:30 pm – Café Iz boxed lunch

Featuring guest speaker

Joy Pinto

Cathedral Life Center—Great Hall—\$15/guest

Contact Charlotte Rumore for ticket information  
[205] 222.7205

Daughters & Granddaughters

Aunts & Nieces

Sisters & Friends

### Calling all Painters, Woodworkers, Crafters Extraordinaire!!!!

The Altar Sodality will be sponsoring a Spring Luncheon for all ladies of the Cathedral on Saturday, April 18th, from 10:00-12:30 and we would love for you to come and sell your beautiful items! We only ask 10% of your sales returned to the Sodality. Please contact Charlotte Rumore to reserve your table for free! Email: [tbone27@att.net](mailto:tbone27@att.net) or by calling 205-222-7205.

A special thanks to **Michael Sperando**  
for folding the Bulletins and Orders of Worship!

# Cathedral at a Glance, March 8-15

Sunday, March 8	Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13	Saturday, March 14	Sunday, March 15
7:50am Rosary - Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	6:30am Mass-Cathedral	8:30am Mass - Cathedral	7:50am Rosary - Cathedral
8:30am Mass - Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	11:30am Confessions-Cathedral	9:30am Rosary-Cathedral	3:00pm Confessions -Cathedral	8:30am Mass - Cathedral
9:45am PSR -CLC  11:00am Mass -Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral	12:10pm Mass-Cathedral 3:45pm Children's Schola- -Choir Room 5:15pm Adult Schola- -Choir Room	12:10pm Mass-Cathedral  6:00pm RCIA-Cathedral 6:30pm Choir Rehearsal -Choir Room Fraternus-CLC	11:30am Confessions-Cathedral  12:10pm Mass-Cathedral	5:00pm Mass -Cathedral	9:45am PSR -CLC  11:00am Mass -Cathedral
6:00pm Youth Group -CLC					5:30pm Stations of the Cross-Cathedral		6:00pm Youth Group -CLC

	Sacristan	Lectors	EMHC	Servers	Sanctuary Cleaning
<b>Saturday, March 14 5:00pm</b>	Alessio	M Beard N Lett	J Pinto K Pham	T Alessio	<b>Week of March 8</b> P DiPiazza A Alessio
<b>Sunday, March 15 8:30am</b>	C Maenza	L Bishop T Leipert	R Smith V Sandlin	A Wyatt M McKinstry H Stignani N Lee	<u>Linens</u> <b>Week of March 8</b> J Martignoni L Anderson
<b>Sunday, March 15 11:00am</b>	L Kidd	M McCoy N Dysart	N Slatsky T Slaughter	B Dyer Blackstone Family C Campbell W Nichols	



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Sophie Duvall, Youth & Family Life	flassistant@stpaulsbhm.org
Katie Baker, Bookkeeper	bookkeeper@stpaulsbhm.org
Megan Wyatt, Wedding Coordinator	weddings@stpaulsbhm.org
<i>.....For other staff members, please call us at 205-251-1279!</i>	

Mass Intentions		
<b>Mon, March 9</b>	6:30 am	Miriam & Sebastian
	12:10pm	Fr. Joshua Altonji
<b>Tue, March 10</b>	6:30 am	Chris Cornell +
	12:10pm	Fr. Evan Harkins +
<b>Wed, March 11</b>	6:30am	Kinsey Leigh Fogleman +
	12:10pm	Audelia Gonzales +
<b>Thur, March 12</b>	6:30am	Cathryn Carter Vann +
	12:10pm	Sammy Anselmo +
<b>Fri, March 13</b>	6:30 am	Bobby Resha +
	12:10pm	Roy Maier, Jr. +
<b>Sat, March 14</b>	8:30am	Holy Vocations
	5:00pm	World Peace
<b>Sun, March 15</b>	8:30am	Bernadette Fay
	11:00am	for the people

### Parishioner Update

*Please check:   \_\_Cathedral Parish   \_\_St. Stephen University Chapel*

If you are 18yrs or older, attend the Cathedral on a regular basis, and have not registered or if you have had an address or telephone number change, we ask you to complete the following and drop it in the offertory basket. If you are a new parishioner, a census form will be mailed to you. If you are not Catholic, but are interested in learning more about the Catholic faith, please check R.C.I.A.

**Name** \_\_\_\_\_ \_\_\_New Parishioner

**Address** \_\_\_\_\_ \_\_\_R.C.I.A.

\_\_\_\_\_ \_\_\_Leaving Parish

**E-Mail** \_\_\_\_\_ \_\_\_Address Change

**Home#** \_\_\_\_\_ **Work#** \_\_\_\_\_